

ICDP

International Child Development Programmes

ICDP
Programme:
I AM A PERSON
TOO

Para toda la infancia
Salud, Educación, Igualdad, Protección
ASÍ LA HUMANIDAD AVANZA



unicef 

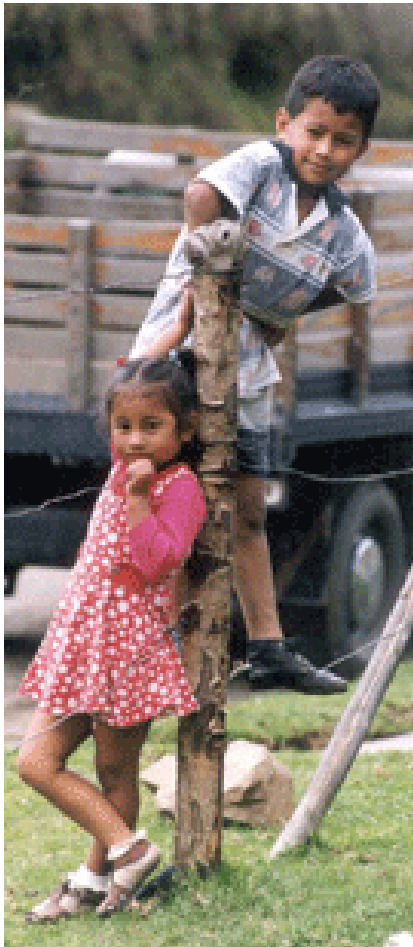
Rationale for the ICDP approach



❖ In order for children to develop well, their basic need for a stable, caring and guiding long term relationship with their primary caregiver has to be fulfilled.

❖ Under pressures caused by poverty, migration, catastrophes, wars, as well as cultural changes due to pressures of modern life, these basic psycho-social requirements for human development may be lacking, even though the child may physically survive.

Empathy: the key for good quality care



- ❖ ICDP program is designed to raise adult's awareness about the importance of their role as caregivers. It is a sensitizing program aiming to release innate ability for empathy, and to encourage caregivers to enter the world of their children and identify empathically with them.
- ❖ It is well known today, that the quality of interaction between adults and children, has a direct impact on the physiological development of the human brain, particularly during the first years of life.

Main features of the programme



❖ Identifies that which is already positive in order to build on existing conceptions and practical experiences that occur in every day life.

❖ It does not impose ready made formulas from outside, instead, it works inside any given culture, using guidelines which are universal and reactivating local child rearing practices.

❖ Facilitative methodology: promoting processes of active self discovery and practical self training through observing, evaluating, reflecting, experimenting and sharing.

The ICDP programme

“I am a person too”



Objective:

To bring out and sustain good quality interaction between caregivers and their children, by raising the awareness of caregivers about their children's psycho-social needs and by increasing their ability to respond to these needs.

The 8 guidelines for good interaction

Emotional Dialogue:



1. How do you show love to your child?
2. How do you follow and respond to your child's initiatives?
3. How do you establish close communication with or without words?
4. How do you praise and give confirmation to your child?

The 8 guidelines for good interaction



Comprehension dialogue:

5. How do you help your child to focus on things around?
6. How do you describe and explain about things? Do you do it with enthusiasm?
7. How do you enrich and expand your child's understanding and experiences about the world?

The 8 guidelines for good interaction



Regulative dialogue:

- 8a. How do you set limits in a positive way, offering alternatives?
- 8b. How do you help your child organize activities and projects, step by step?

Pilot project 2002-2003:



Training and implementation in 5 provinces of Colombia:

❖ NARIÑO

❖ CAUCA

❖ SANTANDER

❖ DISTRITO CAPITAL

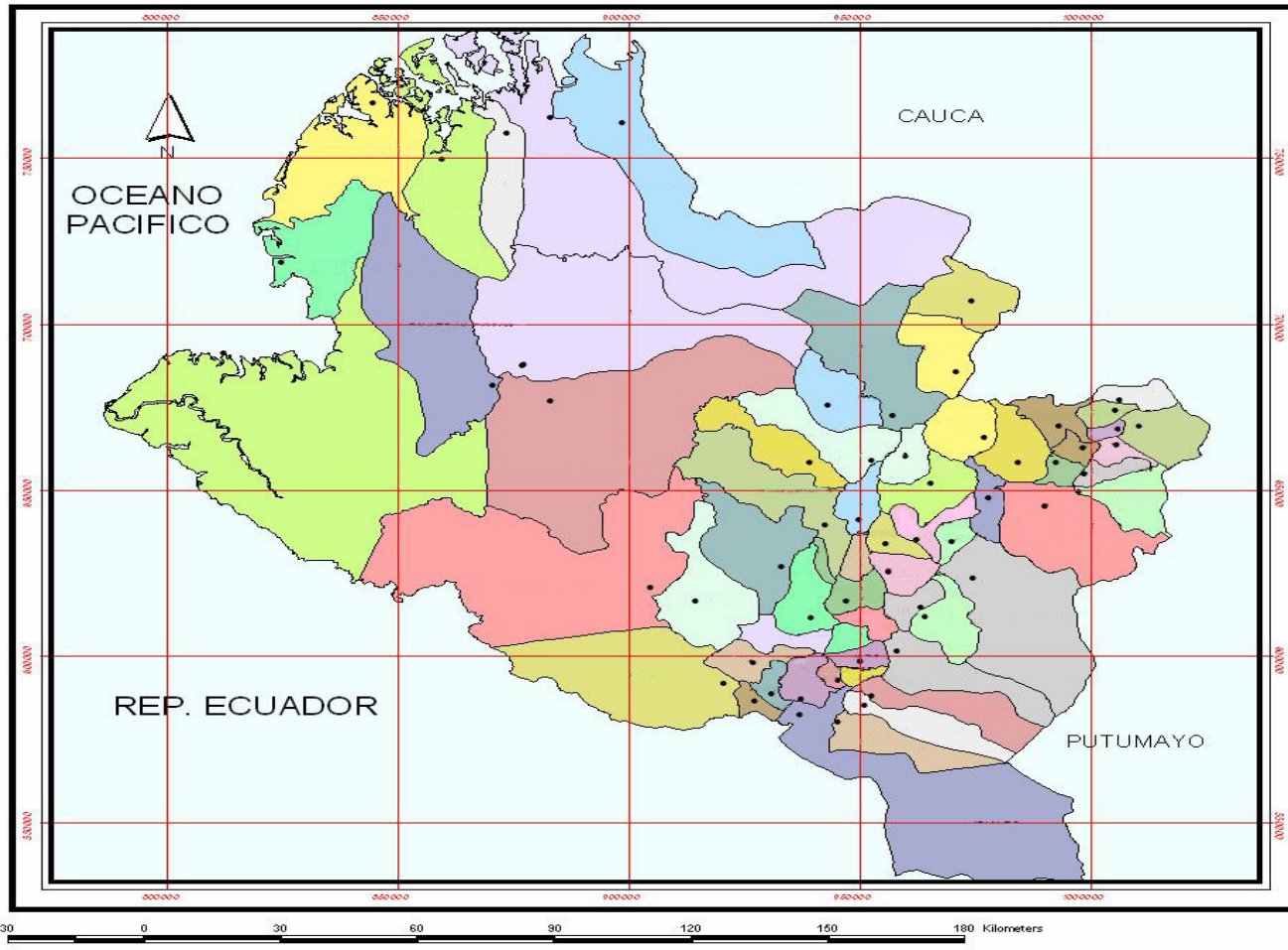
❖ QUINDIO

Trained were: 180
facilitators, 639 promoters.

Implementing ICDP with:
20.011 families
62.783 children

Province of Nariño

64 towns distributed in 7 zones:



1. PASTO 1 y 2
2. REMOLINOS
3. LA UNION
4. IPIALES
5. TUQUERRES
6. TUMACO
7. BARBACOAS

Population of Nariño



Nariño region is characterized by its multiethnic population: black and white population as well as of indigenous Indian origin.



Economy of Nariño

Nariño has low level economy, with no industries.

There is lack of employment.

Typical are plots of land owned by peasants. These plots are usually small and insufficient to provide for all basic needs of a family.



Political situation of Nariño

Different armed groups fight for control creating social unrest and generating violence.

This has serious social consequences: it causes displacement of the local population, increasing poverty and increasing the number of families that live in vulnerable conditions, particularly those with young children.



Region of Nariño

Quality of life of its population

Description	Population of Nariño :	%
Living without having basic needs satisfied	903.237	53.23
Living in misery	454.199	26.77

“I am a person too”

ICDP project in Nariño 2004

- The project gathered several institutions: UNICEF, ICBF, IDSN and ICDP
- Common interest was to try and decrease child neglect and family violence in the region by implementing the ICDP programme on a wide scale.



Project Nariño 2004:



❖ “I am a person too” was inserted as a permanent component inside the ICBF’s institutional plan 2003–2006, in the section called Growing and Learning that will contribute towards building peace inside families, promoting respect for children’s rights and enhancing children’s psychosocial development.

❖ This will be achieved with a strategy of cooperation, training and development of the ICDP programme “I am a person too”, in 8 Zones of ICBF that cover 63 towns of the Region of Nariño.

Objectives



- ❖ To train the key agents involved in providing ICBF services, in the ICDP early psychosocial intervention programme.
- ❖ To increase the child rearing competence of the families, including adequate stimulation and promoting the children's psychosocial development.

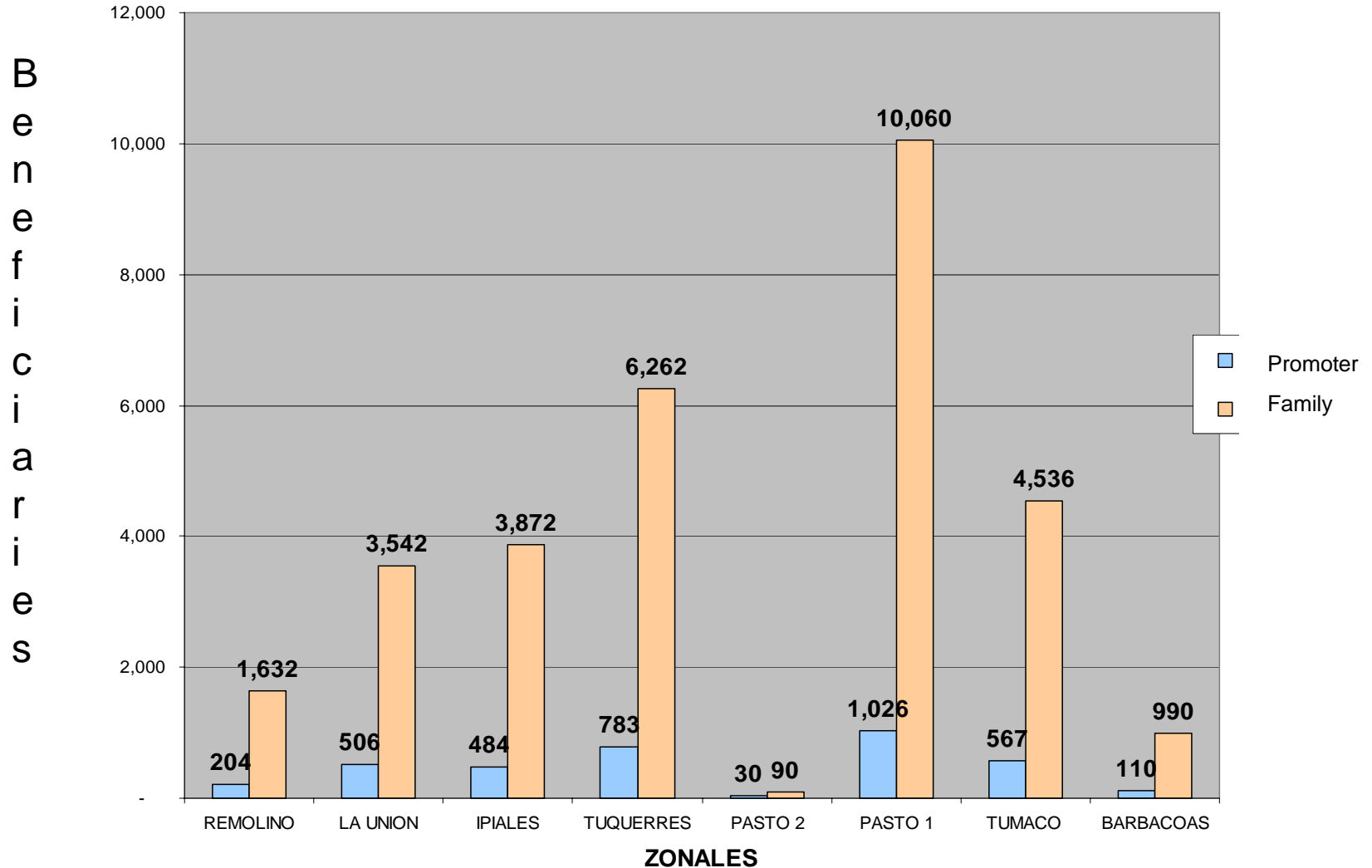
Activities:



- ❖ Workshops to 64 directors of ICBF
- ❖ Promoter level workshops, total 480 persons
- ❖ Implementation with 4800 community mothers
- ❖ Workshops to professionals and students evaluating the impact of our work
- ❖ General coordination and follow up of the groups in process of training
- ❖ Facilitator level workshops, total 480 persons
Implementation 48 000 families
- ❖ Feedback meetings and final workshops
- ❖ Evaluation of the impact of the programme on children, in the families and in the community

Total families 30,894

Number of families per promoter

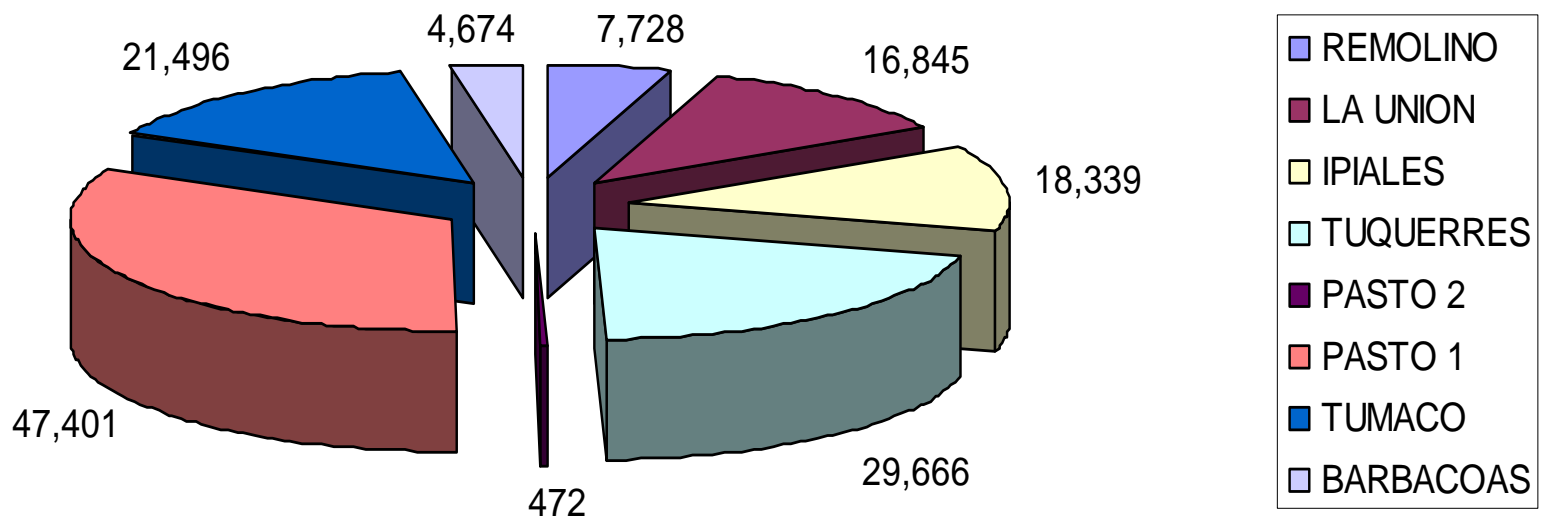


Comparative table

	Facilitators:	Promoters:	Families:	Children:	Total
Planned:	480	4.800	48.000	144.000	197.280
Achieved:	384	3.710	30.984	111.544	146.621
% of success:	79.8%	77.3%	64.6%	77.5%	74.3%

Total beneficiaries 146,621

Total of direct beneficiaries per zone



Cost effectiveness

The project showed the ICDP methodology to be cost effective.

The project was funded with US\$90 000.

The project spent less than a US \$ 1 per child.

