

ICDP PROGRAMME AND COMMUNITY BENEFITS

The programme is particularly relevant to children 0-6 years, but it is applicable with older children.

ICDP works both in the area of prevention and rehabilitation with programs adapted for use in different contexts:

- Through primary health care or social services supporting parents in general; or more specifically for minority groups, for families affected by HIV, families in prison, families with special needs children or children under child protection
- In emergency situations, to upgrade the quality of care of children placed in camps or institutions
- As competence building programme for staff in children's centres or hospitals
- Training of preschool and school teachers to enhance quality interactions in the classroom and with the parents
- Students are trained to apply ICDP in their future work; psychology students may evaluate the work of ICDP as part of their graduation and/or master thesis

ICDP

International Child Development Programme

Head office:

ICDP, Anne Mariesvei 14b,
0373 Oslo, Norway
Tel. +47 67 516 707
icdp@icdp.no

UK office:

ICDP, PO Box 262,
Watford, Herts. WD18 7GS
Tel. +44 1923 230 121
lailah@icdp.info

Web-site:

www.icdp.info

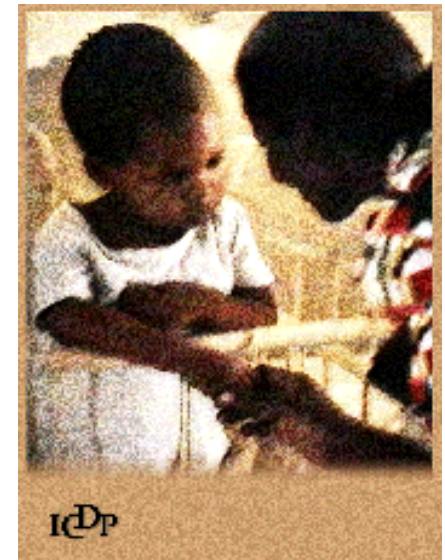
Charity Registration No. 92/04227

Org. No. 971259906



ICDP

International Child Development Programme



ABOUT ICDP

ICDP is an international competence building and training organization in the field of psychosocial care for children. The ICDP approach to training is based on the idea that the best way to help vulnerable children is by helping and sensitizing the children's caregivers. Based on recent research in child development, ICDP developed a simple, culturally adaptable program designed for international use. The program raises adults' awareness about the importance of their role as caregivers, increases their confidence strengthening involvement with their children in a positive way, facilitating relationships that support children's development whilst preventing those that may lead to neglect and abuse of children. The program has the effect of releasing empathic abilities in caregivers and in this way ICDP contributes to promoting children's rights and building peace from the very base of society. ICDP identifies and reactivates positive local cultural practices in order to stimulate development that is truly authentic and long lasting. The point of the ICDP programme is to build competence and confidence in members of an existing child caring system by training local resource persons. Sustainability is achieved by inserting ICDP as a permanent component inside an established network working with children. Ongoing self monitoring and evaluation are at the core of ICDP strategy.

HISTORY

ICDP represents the work of an international team, led by Professor Karsten Hundeide, from the University of Oslo. ICDP began developing its training program in 1985, but the organization was not founded until 1992, when it was registered as a private foundation with the mission to provide for human care, particularly in conditions when caregivers are uprooted through social changes, migration, war, natural catastrophes; in such situations ability for caring often breaks down and needs to be reactivated. In 1992 the ICDP programme was evaluated and adopted as a mental health programme by the World Health Organisation (WHO). Close cooperation was also established with UNICEF, particularly in Colombia and El Salvador.

TRAINING

There are two levels of training. The training workshops are followed up by a period of training by doing, by applying ICDP in practice.

- ❖ At the first level of training participants use ICDP directly with children and caregivers
- ❖ The second level qualifies participants to train and offer supervision to others.



VISION

ICDP developed projects in over 17 countries. In Norway ICDP is a national programme, in Colombia it reached half a million children, in El Salvador and Sweden it spread all over the country.

Evaluation studies conducted in Norway, Angola, Colombia, Russia, Sweden and Macedonia confirmed the positive influence of ICDP in its effect on the relationship between the child and its caregiver, by providing alternatives in cases where there were previously difficulties in adult-child interactions and by increasing the general quality of care.

The vision is to scale up ICDP in the world through inter-institutional and international cooperation.