

## THE 8 GUIDELINES FOR GOOD QUALITY INTERACTION

### GUIDELINES 1, 2, 3 & 4:

1. SHOW YOUR CHILD YOU LOVE HIM OR HER
2. FOLLOW YOUR CHILD'S LEAD
3. GET A CONVERSATION GOING BY MEANS OF EMOTIONAL EXPRESSIONS, GESTURES AND SOUNDS
4. PRAISE AND APPRECIATE WHAT YOUR CHILD MANAGES TO DO



**I need your love**  
(guideline 1 - how do you show love to your child?)



**I like to explore**  
(guideline 2 - how do you give space to your child's initiatives..)



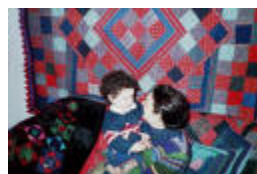
**I am happy when you show interest in what I do**  
(..and how do you follow it...)



**I discover new things and gain confidence**  
(...and give positive response to it?)



**Come to me, close, so I can express what I feel**  
(guideline 3 - how do you establish intimate moments with your child...)



**with and without words**  
(...through talking, touch, facial expression, eye contact, body posture, language of the hands, gestures?)



**It feels so good when you show that you appreciate me**  
(guideline 4 - how do you praise? How do you express approval for efforts or achievements?)

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**GUIDELINES 5 ,6 & 7:**

5. HELP YOUR CHILD TO FOCUS HIS/HER ATTENTION AND SHARE EXPERIENCES

6. HELP YOUR CHILD TO MAKE SENSE OF HIS/HER WORLD

7. HELP YOUR CHILD TO WIDEN HIS/HER EXPERIENCE



**I enjoy it when you show me things**  
(guideline 5 - how do you focus your attention with your child's...)



**and when we do things together**  
(...so that you share experiences together?)



**I love finding out about things, what they are**  
(guideline 6 - how do you describe and give meaning to your child experiences ...)



**how they work**  
(...and how do you talk about things your child is observing, doing or experiencing...)



**Learning is fun**  
(...and do you show enthusiasm?)



**I like it when you tell me how things are connected**  
(guideline 7 - how do you enrich your child's experiences...)



**and why they are the way they are**  
(...how do you expand, connect and compare things, events...)



**I enjoy it when you tell me stories**  
(...how do you expand on a subject in a creative way?)

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**GUIDELINES 8a & 8b:**

8a. HELP YOUR CHILD TO LEARN RULES, LIMITS AND VALUES

8b. HELP YOUR CHILD TO PLAN ACTIVITIES STEP BY STEP

TO REACH THE SET GOAL



**I need you to tell me why some things are not allowed**  
(guideline 8a - how do you set limits in a positive way...)



**and others are**  
(...how do you offer alternatives for what is not allowed?)



**I can do difficult things**  
(guideline 8b - how do you plan and support your child's activities...)



**if only you help me a bit**  
(...without taking over the control from the child...)



**to overcome obstacles**  
(...and how do you give helpful hints if s/he gets stuck...)



**then I know I could do it**  
(...so that s/he can reach the set goal?)