

ICDP ACTIVITIES IN USA – REPORT 2018

The "ICDP-USA Best Start for Families-A Health Equity Approach" programme is delivered to parents and children, as well as to professionals.



Report from ICDP USA, which operates under CCWF:

Since 2010, we have trained 475 professionals, and paraprofessionals (social workers, educators, home visitors, childcare providers, school support service staff, psychologists, nurses) who work directly with Parents and Children.

The training teaches the community based practitioners to implement the ICDP guidelines: empathy-based, trauma-informed communications, interactions and relationship into their work practice.

It further trains them on how to facilitate community based parent/caregiver learning groups to strengthen parents' empathy based communications, interactions and relationships with children, so that children are surrounded by consistent support for their positive development and well-being.

CCWF also provides:

"ICDP: The Best Start" Community Workshops,
Professional Development & Public Awareness on Health Equity & Empathy-based Family Relationships (Programming / Education);
Community-based facilitated Learning Groups;
Corporate or Institution-based Learning Groups for Staff.

This helps to ensure a consistent culture of empathy-based interactions and supportive team building in partner institutions.

Professional Development through "ICDP: The Best Start" Training Workshops is offered at Facilitator and Training levels.

CCWF provided nearly 40 parent programmes and professional workshops in 2018, collaborating with community centres, school districts, juvenile facilities, and parent groups.

To-date we are running programmes in adult justice centre/jail, mental health facilities, community organizations and schools.

CCWF is proud of collaboration with partners and sponsors, local, national, and international – American Legion, Wells Fargo Corporation, Rotary International, Kiwanis-St. Charles, Kane County authorities, the Bright Promises Foundation and others.

CCWF ensures that programme activities are supported by scientific research. For evaluating the effectiveness of the "ICDP: The Best Start", the TOPSE tool is used, measuring parental self-efficacy by following categories related with parenting statements: emotion and affection, play and enjoyment, empathy and understanding, control, discipline and boundaries, pressures of parenting, self-acceptance, learning and knowledge, resilience and hope.

We also measure using the SDQ, Parent-Child Tactic Conflict Scale, Kessler Psychological Instrument, and others.

Evidence consistently demonstrates that parents and caregivers improve with participation in the "ICDP: The Best Start" program. Most importantly caregivers demonstrate a reduction in self-report Psychological Aggression and Physical "Assault" of children in their homes.

This is a result of changes where parents showed significant improvement in ICDP Guidelines such as showing positive feelings, sharing experiences, responding to child's initiatives, holding meaningful dialogue, giving praise, showing enthusiasm enriching child's experiences, setting boundaries and routines etc. while their concerns on child's difficulties have decreased, and strengthened parent-child relationships - an important protective factor.

In February, Dr. Kimberly Svevo-Cianci, the founder of the ICDP USA, and her colleagues have won the National Foundation to End Child Abuse and Neglect (EndCAN) First Place Award in category "Prevention".

Their paper "Achieving Comprehensive Prevention of Child Abuse & Neglect" was recognized as the best among more than 50 applications. They presented their paper at the First EndCAN's National Summit held this March 2019 in Denver, CO.

In March, the Kempe Center, a national research/education center on the prevention of child abuse and neglect, received a 2019-2020 grant for \$100,000 from the Kempe Foundation. This money is planned to bring "ICDP-USA: The Best Start for Families: A Health Equity Approach" to Colorado in partnership with the University of Chicago-Chapin Hall, with training by the Changing Children's Worlds Foundation.