## **PUEBLA UPDATE, 2018**

Jose Luis Flores, psychologist and ICDP trainer in Puebla, reports:

- I have received many invitations to attend professional conferences in Puebla in 2018 and each time I attended I made a presentation about the ICDP programme. The conferences were usually attended by teachers, social workers and parents.

However, although there was good demand for ICDP, I often did not have the time to follow up those individuals who showed interest to attend the 12 ICDP meetings - so I decided to change my strategy.

What I started to do is to create a team of ICDP facilitators, from those who at the conference show interest in ICDP. This means that they can subsequently take ICDP further, whereas I just supervise.

In line with this strategy, I attended a conference in 2018, where I presented ICDP to 120 people.

After the conference I put together a group of 12 facilitators, although in the end only 7 people, (4 psychologists and 3 social workers) completed their ICDP process to become facilitators. Nevertheless, the 7 facilitators brought very good results, because this team applied ICDP in 11 schools. Each school has more than 300 students.