

First facilitators in Nicaragua

There is now a new group of ICDP facilitators in Ocotal, Nicaragua.

The certification workshop took place in April 2018, conducted by trainer Monica Andersson.

The four professionals, who became ICDP facilitators, had implemented the ICDP programme with 42 parents of children who had been sent to prison.

The parents' participation in the ICDP group was a condition set by the court – i.e. the court let the children go free upon the condition that their parents attend an ICDP course.

The ICDP course consisted of 10 meetings, with one meeting being held every second week. The facilitators noticed that the parents had gradually become very supportive of each other and those among them who assimilated the programme faster started to reflect and change – and began encouraging other parents to follow suit by offering them explanations and support.

At the end of the ICDP course ten parents became very positive and committed and said they would like to continue the ICDP process with other parents.





Future perspective:

The four facilitators expressed the wish to implement the ICDP programme with a group of young parents, as a preventing programme.

In addition, two facilitators, one social worker and one psychologist, who work at a special home for children victims of violence and rape, want to try to use ICDP with families of the young girls they work with.

The girls' families often make the girls feel guilty – it is hoped that this could change after participating in the ICDP sensitization course and that the families would understand their own girls better and show more empathy towards them.