

ICDP in the care of older people in Norway

Update from Line Constance Holmsen:

During the autumn of 2019, we conducted a new course for the ICDP facilitators employed in the care of older people.

This new group of facilitators will be conducting ICDP groups with their colleagues, starting after the Christmas holidays.

On the 20th of December 2019, we held a meeting with the leadership of a large nursing home in Oslo. They showed interest in ICDP and we will soon know whether they will decide to train their staff in the ICDP programme.

Applying the ICDP programme in the context of homes for older people has been a very interesting experience and all of the 70 participants that we trained so far, have embraced the programme and recommended ICDP to other employees in different Nursing Homes in Norway.

I am doing the analysis for the articles in my PhD now and I look forward to publishing the first one, hopefully during spring 2020.



The photo (above) is from the ICDP training (in 2019) of the group leaders who work in the care of the elderly. The ICDP trainer-candidate Sigrid Hoem is standing in the first row, to the far right, Sigrid is working at the Økern Nursing Home in the Oslo municipality and I hope to obtain the necessary funds to be able to employ her in the ICDP project for older people.