

Nino Margvelashvili

ICDP

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International Child Development Program in Tbilisi, Georgia



From November 2017 till March 2018 three groups of parents in Tbilisi have embarked on a journey of self-exploration and parenting. The meetings were facilitated by Nino Margvelashvili which took place in “Tamar Gagoshidze’s Neuropsychology Center”.

Sharing their stories and constructing their own understanding of positive parent-child interactions based on ICDP principles were the main instruments. The diversity of groups ensured that every story or idea

expressed during the meetings left a footprint on others. There were days with many tears. Those tears were cleansing, at the same time serving as opportunities to cultivate more empathy and compassion.

Here are some of the full circle thoughts or takeaways from the attendees of those groups.

“...I have started to perceive every second of my life, recognize my interactions with my child...I feel that my child’s love towards me has increased twice and we are better friends. Generally, this course ignited in me contemplation about human interactions and caring for others.”

“The training has delivered everyday issues in a very comprehensible way for me which made it easier to connect to real life situations...Compared to general trends these days, this program is the one which makes sense without using high-flown concepts or values.”

“...With the help of this course I am convinced that human interactions are basis for human development.”

“I feel I am stronger and more confident by acknowledging where I have problems and where I have not.”

“Before bedtime I was telling my daughter that the training I was attending twice a week was like a job but for shorter periods, and that the reason was to learn more so her and I had better and better interactions and can better understand each other. Then Mia told me: “Mommy, I found a name for your job and I am naming it a “Love Job.” I think my daughter grasped my emotions when I was sharing some stuff with my husband about the training earlier that days, and I think she chose the title accordingly.”