

**Report on ICDP Progress**  
**Save the Children**  
**Nepal Country Office, Kathmandu**

08/02/2020

Realizing that social protection can be a key thematic area to reduce child poverty, Save the Children is implementing Child Sensitive Social Protection (CSSP) program since 2011 that is supporting the government to deliver its social protection program in more transparent and accountable manner. In the course of the program implementation, it was learnt that a complementary intervention to social protection can bring better results on child development outcomes. Save the Children is therefore introducing a parenting program as a complementary intervention to the child grant. The child grant is a cash transfer scheme of the Nepal government that provides Rs.400 per child per month for a maximum of 2 children from a biological mother. It is applicable for all children in 14 districts with the lowest HDI<sup>1</sup> and Dalit children in rest part of Nepal.

Save the children has adapted as International Child Development Programme (ICDP) as its parenting package targeting the parents and caregivers of the Child Grant aiming to improve their parenting behavior for the wellbeing the targeted children. Save the Children implemented the ICDP package in 2018 for the first time and had conducted a pilot assessment that brought encouraging evidence.

See below the ICDP progress in Save the Children year by year:

**2017 Progress:** Altogether 20 staff members from Save the Children and its partner organization received ICDP Facilitator level training from ECEC who practiced caregivers’ meetings out of the project area but with similar socio-economic status as targeted by the project, so the trainee facilitators gained practical experiences they could use in their real work. See annex 1

**2018 Progress:**

1. ICDP Facilitator level training: Additional 10 staff members from Save the Children and its partner organization received ICDP training from ECEC. See Annex 1
2. ICDP caregivers’ meeting:

ICDP was rolled out in following area:

Districts	Municipality	# of Facilitators involved	# of caregiver’s groups	# of participants
Dolakha	Baiteshor	4 (2 female, 2 male)	4	60 (all mothers)
Kavrepalanchok	Namobuddha	6 (5 female, 1 male)	10	96 (86 mothers, 10 fathers)
Mahottari	Gaushala	3 (2 female, 1 male)	15 Groups	212 (204 mothers, 8 fathers)
	Bardibas	3(1 female,2 female)		
	One day Orientation on		48 Groups	3282 (3055mothers and 227 fathers)

<sup>1</sup> Doti, Achham Humla, Jumla, Kalikot, Mugu, Dolpa, Bajura, Bajhang, Jajarkot, Rautahat, Sarlahi, Mahottari, Siraha

	ICDP in Gaushal and Bardibas			
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All together 368 caregivers attended ICDP meetings from 22 groups, the meetings were run by 16 ICDP Facilitators.

- 3. Assessment of Parenting program:** Save the Children conducted a Pilot assessment of the parenting program (quantitative and qualitative). Quantitative assessment was carried out by Ane-Marthe Solheim Skar. Similarly, Qualitative assessment was carried out by Emma Emily De Wit with inputs. Report is already shared with ECEC Nepal.

### **2019 Progress:**

1. ICDP Facilitator level training:

Save the Children in collaboration with local government and ECEC Nepal separately organized ICDP Facilitators training at different times and in different venues.

Districts	Municipality	No of new ICDP Facilitators	Training provided by
Jajarkot	Chhedagadh Municipality	23 (Female)	ECEC Nepal
Dolakha	Baiteshor Rural Municipality	14(all Female)	Save the children
Kavre	Dhulikehl Municipality	3(all Female)	Save the children
Mahottari	Bardibas	5(all Female)	Save the children
	Gaushala Municipality	2 (1 Female,1 male)	Save the children
Total		47	

- 2: ICDP caregiver level meeting:

With these new and old ICDP Facilitators following ICDP caregivers' meetings (Save the Children call it as parenting sessions) were implemented in the project by Save the Children in 2019, as follows:

Districts	Municipality	# of Facilitators involved	# of caregiver's groups	# of participants
Dolakha	Baiteshor Rural Municipality	16 (15 female, 1 male) (14- 2019 batch and 2- 2018 batch)	9 (2 groups run by old, 7 groups run by new)	94 (all mothers),
Kavre	Namobuddha Municipality	5 ( 4 female, 1 male) (2018 batch)	12	93 (all mothers)
	Dhulikhel Municipality	3 (all female)(2019 batch)	7 (3 groups run by new facilitators)	60 (all mothers)
Mahottari	Gaushala Municipality	5 (2 new)	12 (3 groups run by new facilitators)	149 (1 father)
	Bardibas Municipality	6 (3 new)	11 (2 groups run by new facilitators)	109 mothers (by old) 22 mothers (by new)

Jajarko	Chhedagad Municipality	24 (17 female, 7 male) (all 2019 batch)	9	140 (10 fathers)
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Note: All new ICDP facilitators are paid by the local government except 2 new facilitators in the Gaushala Municipality, who will be paid by Save the Children's partner. Training cost, materials, graduation ceremony cost was all paid by Save the Children.

### 3: Assessment of Parenting program:

In 2019, Save the Children again conducted an assessment of the parenting program (quantitative and qualitative).

There were some modification in the tools used in the Quantitative assessment. Some domains were revisited and 2 tools (CREDI and SWYC) were executed to see impact among children. This study was carried by Onaedo Ilozumba, from Netherland. Report has not been finalized yet.

In 2019, there was also a qualitative assessment, which was carried out by Emma Emily De Wit and there were no modifications in the tools. Report is available.

### 4. ICDP Training of trainers (ToT):

Realizing the need for in house ICDP trainers, Save the Children invited Nicoletta Armstrong, Chair of ICDP International to facilitate the training from 6 – 8<sup>th</sup> of November 2019 in Hotel Summit, Kathmandu, where 13 staff members from Save the Children and its partner organizations from Nepal, India and Philippines participated. See Annex 2 with the names of the participants from Nepal.

5. **Policy Influence:** Dhulikhel Municipality assessed the implementation of the ICDP program on their own. Chhedagad Municipality and Baiteshor Rural Municipality has endorsed the *Parenting Program Procedure 2076* which adopted the ICDP program as a major component. They are launching ICDP in all their wards. In other CSSP working area, local government will endorse ICDP as their parenting program procedure very soon.

### 6. Way forward:

Save the Children from 2020 onwards will focus on advocacy work

1. Although Save the Children is linking the ICDP program with the government's child grant program, the local government in Dolakha and Kavre are implementing ICDP beyond the child grant; in other words, for other parents whose children are not receiving a grant. Save the Children will provide technical support (coaching, refresher training, provide materials, refreshment for participants support for graduation program). Dhulikhel Municipality will endorse the Parenting Program Procedure in 2020 by its general assembly.

2. Dhulikhel Municipality will disseminate its study findings (which is done by a local researcher) among members of Municipal Association Nepal. This local government is chairing the association.

3. Save the Children will expand ICDP in Jajarkot and Mahottari districts where the child grant is universal and will have an assessment with a greater sample size, so that it can be disseminated at provincial and national level.

**ICDP Caregivers' Graduation Program in Gaushala Municipality, Mahottari 2019.**

**Dy. Mayor attended the program.**



**ICDP Facilitators' Graduation Program in Bardibas Municipality, Mahottari 2019.**

**Dy. Mayor attended the program**



Annex:1

Name list who received IDCP Facilitator's Training from ECEC Nepal

Year	Save the children	Nangshal Association (NGO)	CFWA (NGO)	Baitoshor Rural Municipality (GO)	Chhedagad Municipality (GO)
2017	Hemanta Dangal Puskar Kafle Anita Tamang Gopal Nepali	Bimala Sapkot	Manoj Sah	Pravin Kumar Khatiwada	
		Bimala Dahal	Sarita Yadav		
		Shushila Pariyar	Uma Ghimire		
		Susmita Dong	Mamata Chaudhari		
		Indra Gairepipale	Ranju Shah		
		Indri Kumari Pakhrin	Tirtha Chaulagain		
		Soma Rani Lama	Shiva Narayan Chaudhary		
		Muskan Babu Sarki			
2018	Bishwa Pun	Chhabi Chaulagain	Mohan Burja	Sharmila Nepali	
	Basanti Sunar	Apsara KC	Dharma Nand Mandal	Saraswati Basnet	
	Kaushila Chand				Pratima Kumari Khadka
2019	Dev Raj Gurung (not completed)	Subodhana Thapa		Ishor Dahal	
		Pramila Badal		Sabina Nepali	

Annex:2

Name list who received IDCP Trainer level Training from the Chair of the ICDP Foundation

Year	Save the children	
2019	Bishwa Pun	
	Hemanta Dangal	
	Puskar Kafle	
	Anita Tamang	
	Gopal Nepali	
	Kaushila Chand	