

## ICDP in Norway 2016

The Norwegian Government has been focusing on ways to prevent social and health related problems in children and families, which are seen to be on the increase.

In this context, the ICDP programme was included in the plans and strategies of the Norwegian Directorate for Children, Youth and Family Affairs (Bufdir).

In 2016 Bufdir continued three pilot projects started in 2015:

1. ICDP in Refugee centres
2. ICDP in crisis centres for victims of domestic abuse
3. Norwegian government action plan against radicalization and violent extremism.

ICDP Norway has also put a stronger focus on cultural competencies for ICDP trainers to meet the needs of an increasingly multicultural Norwegian society.

A new “cultural perspective” requirement has been added to the basic education and the training extended from four to six days to account for the change.

## A new focus on culture in Norway - 2016

ICDP trainers are now required to develop some new cultural competences in order to meet the needs of an increasingly more multicultural Norwegian society.

A published article about this can be found on this link:

<http://www.rvtsvest.no/fokus-pa-kultur-pa-samling-for-icdp-rettleiarar/>

Main points from this article:

ICDP trainers are now required to develop some new cultural competences in order to meet the needs of an increasingly more multicultural Norwegian society.

The ICDP training and certification processes have undergone modifications; the training was extended from four to six days, and a cultural perspective was integrated in the programme. The new course provides trainers with a deeper understanding about different cultural perspectives expecting them to apply this new knowledge in their work with caregivers.

The following topics were discussed at a recent meeting of ICDP trainers:

- Culture, values, attitudes
- Cultural sensitivity and communication
- Using an interpreter
- Typical cultural differences
- Migration: Challenges and Opportunities
- Role of parents as members of a new cultural context
- Adaptation methods and potential conflicts

- Violence in close relationships and other serious limitations of child and adolescent freedom
- How to talk about violence and other taboo topics in counseling groups

Comments from ICDP trainer Mahabad Hamasor who attended the meeting:

“I work with children and youth at the Ny Krohnborg kindergarten and have been an ICDP trainer since 2006. I have benefited greatly from the ICDP programme, both in my work in the nursery, and at home with my own children. We are very satisfied with the programme. The ICDP programme has eight concrete topics for parents. I think about the first topics in particular, the ones concerning showing positive feelings and how to show that you love your child. For me this was useful, since in Kurdistan, where I'm from, it is not natural to show feelings in the same way. It was useful to look at different ways of showing love to your child. Having meetings such as this one, where one brings in a cultural perspective is particularly useful. We need to update ourselves, to meet more ICDP trainers and share experiences with them.”

