

Annual Report 2015 for The Danish Centre for ICDP

Written by psychologist Anne Linder

This report describes - in brief - the activities that have taken place in 2015 in the Danish Centre for ICDP, and our prospects for the coming year.

News

In 2015, we succeeded in formalizing agreements relating to our educators/ trainers /. Currently, we have 12 ICDP educators (level 3) - associated with the Danish Centre for ICDP. The educators are independent consultants or employed at different educational institutions or healthcare centers and can all teach at ICDP level 1

Together, we have certified nearly 600 people at levels 1 and 2 this year.

In addition, the Danish Centre for ICDP is participating in the largest educational project in Denmark for the training of the country's childminders (Dagplejere). Besides the certification courses, almost 500 childminders were introduced to ICDP on a three-day course where they were presented with ICDPs sensitivity principles. The childminders say that they can see a positive change in relationships and in their colleagues' general approach to the children. The group of children is calmer and adults don't need to scold them as much. Subsequently, the childminders have been offered the opportunity to participate in a standard ICDP programme through their workplace. Most want to take the rest of the programme - even if they have to pay for the fees themselves.

We have also participated in a development project in private Kindergarten, called "ICDP in Wonderful World". The headmaster of the kindergarten, Frank Krogh, is an ICDP educator himself and uses ICDP as a professional platform for his management and for his pedagogical work. In addition to a more traditional ICDP- programme, we have been experimenting with linking the ICDP to the day-to-day educational leadership, with particular focus on sensitivity principles and the three dialogues. Evaluation shows that it may be a new way to work with implementing ICDP into day-to-day practices. The project will be continued in the year to come.

We have also participated in another, albeit smaller, development project in a treatment institution within Copenhagen Municipality: Parental couples, whose children have been removed from home by the authorities, were offered an ICDP support process. The model was developed and tested by two specialist teachers at the treatment institution. Our experience paves the way for further initiatives.

ICDP publications

During the year I wrote the book "Golden moments in the relational universe" which links the principles of sensitivity in ICDP and the latest research in positive psychology. The book is to be published in 2016, but the manuscript was written during 2015. At the heart of the book are the principles of sensitivity and the three dialogues. Together with the resource tank, these form the ideology behind what constitutes good pedagogy. The other Nordic countries have already shown an interest in translating the book even before has been published in Denmark. The book is published by Dafolo

Besides the book, I have written an article on "Coaching based on good relationships." for a psychological magazine – where I link ICDP to the latest research on change processes - called PUSH. The articles are inspired by our ICDP supervisor training - (Level 2) and the publisher has already requested that the article be expanded into a book with the same title. The journal called "Cognition and Educations" and is published by the Danish Psychological Publisher

In addition, I have written an article for a textbook for school educators - how educators can reinforce the child's learning, well-being and development, by creating a learning environment that is characterised by good relationships and curiosity. The book is called "Supportive learning environments. Critical Perspectives and reflective practice "and is published by Dafolo

Together with Jesper Gregersen, I have also written an article on "Inclusion Supportive teamwork" which describes how the work with the inclusion of supportive action is to navigate in a form of chaos without really knowing whether we will succeed with the project in advance. It takes courage, purpose, energy, commitment and, not least, a good relationship with work colleagues. The article

is published in a book by Hans Reitzel.

At the invitation of the National Association of Foster Parents, I have written an article entitled "Everyday life as treatment." In the article, I argue that the foster parents must be sensitive and relationship competent and recommends that all foster parents are trained in the ICDP.

- www.plejefamilierne.dk/blade-mv.28031.aspx

Interview

ICDP trainer and supervisor Anne Therkildsen's work in education project with the childminders, has resulted in an interview in the childminders' journal.

- www.e-pages.dk/odense/56/7

I have been interviewed on ICDP in teachers' trade magazine BUBL in connection with a theme issue on educational programs and money.

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www.bupl.dk/fagbladet_boern_og_unge/nyheder/evidensbaserede_programmer_eksperter_er_paedagogikkens_koebmaend?OpenDocument

ICDP and visible learning

In order to maintain and develop ICDP's pivotal position in the educational landscape in Denmark, we constantly strive to adapt our ICDP offering to current educational trends. Currently, educational thinking in Denmark is inspired by the trend of Visible Learning, created by the New Zealand Professor and education researcher John Hattie. Central to the Visible learning approach is that the goal must be visible, and there must be clear feedback on the students' learning progress and each teaching session should be evaluated by the students. We have adapted these guidelines to our ICDP teaching programme. The same guidelines are built into the digital app, so we can easily provide clear feedback to municipal leaders on the benefits of the ICDP programme to participants. Our initial experience is that it is beneficial to both participants and ICDP educators since teaching becomes more focused and we have established that the sensitivity principle and the three dialogues are crucial to its success.

In November 2015, I went on a study tour to New Zealand where I was introduced to a new taxonomy that will be introduced to our ICDP educators/trainers.

Educational Corps /Corps of trainers

We meet 3-4 times a year with the educational corps and ensure through supervision and training that they remain focused on ICDP's sensitivity principles and are true to the mindset and interaction themes.

- Nurse Trine Lund
- Psychologist Regitze Rahbeck
- Educational Consultant Eva Christensen
- Assistant Professor and ICDP Coordinator Lene-Theresa Hansen
- Assistant Professor Lasse Steenman Jorgensen
- Assistant Professor Hildur Edelberg
- Associate Professor, Master of Social Science, Jonna Nøttrup,
- Educational institution leader Frank Krogh
- Psychological consultant Martin Tage Hansen

Additionally, the trainer corps comprises ICDP consultants Jesper Gregersen and ICDP supervisor Anne Therkildsen.

Nordic co-operation

The Danish Centre for ICDP is very active in the field of Nordic cooperation. In January 2016, we organized a Nordic meeting in Roskilde, Denmark. Here, we formalized the Nordic cooperation in two areas

1. Development
2. Research

We have set up two working groups and I am in charge of the Developmental Forum. Currently, we are working on the creation of an overview and the fields in which ICDP will be used in

Scandinavia (schools, prisons, kindergartens, health-care sector, treatment and supervising etc.) as well as the publication of a common electronic journal, not to mention a joint website.

The cooperation with University College South. (UCSyd)

UCSyd is a large Danish Educational Institution with which the Danish Centre for ICDP has cooperated in 2015. The text is written by ICDP coordinator and assistant professor Lene - Theresa Hansen

The list reflects the activities carried out in 2015. Several activities are already in the order book for 2016. As the list shows, steady progress is being made at a pace that is probably healthy in terms of the organization, but is also able to challenge even the most patient ICDP soul.

- We offered and completed 4 ICDP Level 1 courses
- We offered 11 inspirational course sessions
- We succeeded in having 3 ICDP educators graduate
- We held inspirational presentations on ICDP on Social educational conference- on Bornholm
- We held a sales meeting in Sønderborg
- We held inspirational presentations of the three specializations in Social Education Campus Esbjerg
- We held inspirational presentations to students at the Academy of Social Pedagogy
- We held a theme day for 120 foster parents on ICDP
- We participated in the planning of the next ICDP conference in 2016

The three educators are fully trained, and each one of them works with great tenacity to accumulate experience through their education.

Thus, a small sample of a ICDP year characterized by interaction between challenges and wonderful, great moments (Golden moments).

Study tours and ICDP conferences

Nordic ICDP meeting in Norway

In May, we participated the Nordic ICDP's meeting in Oslo

Study tour to New Zealand

In November 2015, I participated in a study trip to Auckland, New Zealand in order to obtain

further information on visible learning.

Conferences

The Danish Centre successfully held a small conference in March 2015 at which we presented our new publication - which I introduced in last year's report.

We have been invited to give a presentation at various conferences, including:

- The Danish School of Education.
- Teacher training colleges

Facebook

We aim to complete all our teams in order to have photographs taken and a poster image produced for Facebook. Here's a picture from the island of Lolland - where ICDP- coach Eva Christensen has taught.



ICDP and digitization

The development of the digital training programme, for use in our ICDP work, has just been completed. During 2016, the app will be introduced to our course participants.

The challenges of 2015

As in previous years, one of the biggest challenges has been getting cooperation with the Danish ministries and educational institutions up and running. The area is characterized by restructuring, high work pressure and, consequently, many leadership changes. So, just when you think you've established a good relationship with someone and gotten an agreement in place,, the person in question switches changes job or succumbs to stress.

Another major challenge is that work processes in the public sector are sluggish and slow - which affects cooperation and the planning of the Danish Centre for ICDP. It is not until the very last moment that municipalities book or cancel ICDP courses.

New initiatives 2016

- Together with the other ICDP providers we planned the next ICDP national conference "Concerned and moved". October 2016
- The development of digitally works continues – hopefully with an App for parents
- Participation in an international conference in France.
- Participation in the Nordic ICDP meeting in Stockholm. April 2015
- Publication of a special issue of the trade journal "Cognition and Education" - Relational Welfare” for the conference of the same name in June 2016.
- Along with the Danish Centre for ICDP and the University, ICDP trainer and ICDP supervisor Anne Therkildsen and ICDP trainer Regitze Rahbeck are planning on embarking on two different research projects. Anne Therkildsen wants to research the ICDP as a parent programme and Regitze Rahbeck will research the ICDP and school children's wellbeing and development.
- The publisher has ordered two new books: Relationship-based guidance and Relationship Work in children's height.
- We aim to establish a professional board - the purpose is to ensure quality and the expansion of ICDP in Denmark. So far, besides myself, the working group consists of Jesper Gregersen, Anne Therkildsen and working secretary Sussie Olsen.

The year 2015 has been very busy, with many courses and many tasks related to the ICDP. It looks as if 2016 will be a little quieter. However, this will give us more time to explore some of our ideas in more depth.

The Danish Centre for ICDP is mindful of ICDP's values and they are interwoven with our own principles of propriety and decency. We strive to live out these values in all our ICDP work. Although it has been mentioned earlier, it is particularly important, when working with ICDP, that everybody feels that they are able to make a positive contribution to making the world a better place, both for the individuals and for families. In the long run, we are certain that ICDP is helping to build a better, more democratic society.

A Happy New Year to you all!

Best regards Anne Linder