

**Changing Children's Worlds Foundation (CCWF) Update
International Child/Parenting Development Program (ICDP-USA)
November 2016**

The Changing Children's Worlds Foundation (CCWF), Geneva, Illinois, USA, offers the intergenerational International Child/Parenting Development Program (ICDP-USA) to care for the emotional health and well-being of children and parents in supportive, community-based learning environments. Our goal is to enhance positive development and family relationships, which will strengthen success in family, schools and community. In turn, this serves to reduce an often intergenerational cycle of intra-familial violence, maltreatment and neglect by providing positive social/emotional, cognitive, and self-regulative development guidance and practice for both parents and children while also building supportive community for participating families over time. This is of strong importance in Chicago and surrounding communities as 2016 proves to be an exceptionally violent year, especially for Chicago's children.

Initiated in 2011, ICDP-USA has established 7 Trainers/Trainees, and nearly 150 Certified Facilitators / Facilitator Trainees by end of 2016. Further, over 350 caregivers have gone through our programs, with at least 230 fully participated and "ICDP-certified," while our program has reached nearly 1,200 children through their ICDP-participating parents, social workers, teachers, mental health professionals and caseworker/home visitors. Over 50 children have taken part directly in our ICDP-USA Children's Program, a parallel program to ICDP for Caregivers, which we will advance further in 2017!

Over the 9-20 week ICDP learning group programs, participants build a trusted, safe learning community with the goal of ensuring children have a better chance to have healthier, stable households and the ability to experience love and empathy as well as develop curiosity, critical thinking skills, positive discipline, self-regulation, and empathy for others. While the program is valuable to all parents and caregivers, it has also been successful with targeted groups of single parents, teen parents, parents with children with special needs, immigrant parents, incarcerated parents, parents in high violence neighborhoods, etc.

CCWF has or currently is in a partnership with the following Community Institutions:

Mental Health Agencies, Hospitals and Public Health Departments: Partners include the VNA Health Center (Aurora), Onarga Academy (Onarga), Project Oz (Bloomington), Children's Home and Aid Society (Carpentersville, Englewood, Viva-Humboldt Park, Schaumburg), Family Focus (Aurora, Cicero, Melrose Park, Hermosa), Aunt Martha's Youth Services Center (Park Forest), the Chicago Child Advocacy Center, the Anne & Robert H. Lurie Children's Hospital (Chicago), the Kane County Health Department and SGA Counseling Services (Roseland).

Schools: Partners include the Todd Early Childhood Center (Aurora), Chicago Public Schools (CPS) including Langford Academy (Englewood), Coles Language Academy (South Chicago) and Bradwell Elementary (South Shore), Heritage Elementary:U-46 (Streamwood), HC Storm Elementary (Batavia), Lincoln Elementary (Calumet), the U-46 School District (Elgin-based at the Illinois Park Early Childhood Center) and the Lisle School District (based at Tate Woods Elementary).

Faith-based organizations: Partners include the historic Stone Temple Missionary Baptist Church (Lawndale) and the Ark of St. Sabina Church in Chicago, as well as the Fox Valley Presbyterian Church (Geneva), St. Titus One M.B. Church (West Pullman)

Correctional Facilities: In 2016, CCWF initiated ICDP programs for the Kane County Adult Justice Center for incarcerated fathers and mothers. The first Cook County Juvenile Temporary Detention Center (JTDC) program will begin first quarter 2017.

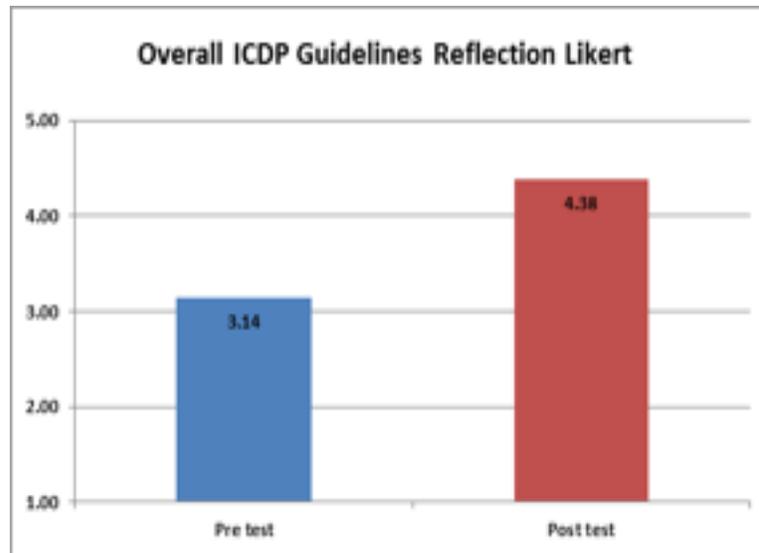
Other Community Organizations: Partners include YWCA in Elgin, Logan Square Neighborhood Association, the Illinois Collaborative on Youth (ICOY), Strengthening Chicago’s Youth (SCY) and the Kroc Center-Salvation Army (West Pullman).

Evaluation: Over the last two years, the International Child Development Program-USA Evaluation Report, funded by the Pritzker Early Childhood Foundation, yielded important evidence of the growing effectiveness of ICDP-USA. Evidence suggests that ICDP is connected to positive outcomes for parents’ sense of self and their reported parenting skills and relationships.

Upon completion of the ICDP Parent/Caregiver and Family Learning groups participants demonstrated an overall increase in parenting skills, like patience, engagement, and consistency as well as their understanding and self-reported adherence of the ICDP guidelines and principles. Parents and caregivers also reported a significant increase in their participation of activities with the children.

There were also significant improvements in child discipline and empathy among program participants. When asked about child discipline and boundary setting, parents and caregivers reported significant improvements in using appropriate methods. Parents reported their children to be more considerate of others’ feelings by the end of the program, as well as an increase in their children to display more empathy compared to the beginning of the program.

Participants reported their Health and Quality of Life significantly increased from the beginning to the end of the program, as well as fewer symptoms of mental illness as measured by the Shona Symptom Questionnaire upon completion of the program. With new motivation, caregivers have worked to develop and apply stronger empathy-based parenting skills, improving their adult-child interactions and family relationships.



Results from CCWF's International Child Development Program: Evaluation Report March 2016 program highlights include:

Scale	Mean Pre-Test	Mean Post-Test	Range	N
Parental Self-Efficacy	8.29	8.59***	0-10	97
ICDP Guidelines	8.87	9.36***	0-10	97
ICDP Guidelines Reflection	3.14	4.38***	1-5	85
Happiness with Partner	3.97	3.83	0-6	76
Health	79	84***	0-100	87
Quality of Life	79	85***	0-100	86
Mental Health	.48	.40**	0-1	44
Partner Interactions	2.27	2.23	1-5	80
Number of Experiences with Violence Last Year	.02	.80**	0-6.50	10
Parent-Child Conflict Last Year	1.69	1.64	1-3	73
Child Behavioral Strengths and Difficulties Scale (SDQ)	.57	.55	0-1	85
General Coping Questions	1.82	1.77	1-4	41
Activities with Child	1.93	1.78***	1-5	89
Hours spent with TV and Computer	2.27	1.93	0-10.67	32
Parent Self-efficacy (Discipline)	8.09	8.59***	0-10	97
ICDP Guidelines (Discipline)	8.53	9.19***	0-10	83
Has your child been kind to younger children in the past month?	2.69	2.54*	1-3	83
Has your child been considerate of others feelings?	2.40	2.55**	1-3	83
Parent Self-efficacy (Empathy)	9.10	9.44***	0-10	95

*p<.10 (modest significance), **p<.05 (statistically significant), ***p<.01 (highly significant)

For additional information and results regarding the CCWF's International Child Development Program: Evaluation Report please access it via www.changingchildrensworlds.org