

ICDP ACTIVITIES IN NORWAY IN 2018

ICDP is still used as a national parental guidance programme by the Norwegian Directorate for Children, Youth and Family Affairs (Bufdir) and the Office for Children, Youth and Family Affairs (Bufetat):

In June 2018, the Norwegian government launched their first parental support national strategy called "Safe Parents - Safe Children" for a three year period (2018-2021).

The strategy consists of thirty-four tasks and three of them involve the implementation of the ICDP programme:

1. with immigrants,
2. with parents experiencing domestic violence and
3. ICDP for parents with concerns related to their adolescents – this third task was decided upon after the publication of the Fafo report called "It takes a village", Evaluation of group guidance for parents concerned about their adolescents (Fafo-report, 2018:23).

In 2018, Bufetat established a new Centre of Expertise for Parental Support (SKM) which took over several of the ICDP tasks from Bufdir. SKM is now responsible for the implementation of ICDP in Norway, its task is to provide sufficient numbers of ICDP trainers, by arranging training of trainers and their network meetings once a year. SKM is also responsible for several projects adjusting ICDP to new target groups.

SKM is executing the plan for the implementation of ICDP in Crisis Centers - a plan that was formulated in January 2018. The Crisis Centers are shelters for people experiencing domestic violence and ICDP facilitator training for their staff will take place every year.

In the period between 2016 -2018, the ICDP programme was applied in several municipalities as part of the two-year mandatory programme for newly arrived immigrants.

Because ICDP was found to be very useful for this target group, the Norwegian Government decided in June 2018 to include parental guidance on nationwide basis. This means that all municipalities starting from 2019 will be obliged to arrange parental guidance as part of the mandatory programme.

SKM representatives are part of a working group planning the national scale

programme implementation for newly arrived immigrants.

Buudir arranged 11 gatherings (each lasting two days) for ICDP facilitators in order to recruit them and motivate them to participate in the ongoing RCT (randomized controlled trial) study of ICDP. The study will be finalized in 2021.

The work on translating the ICDP 8 themes booklet for good interaction continued in 2018; the booklet has so far been translated into 20 languages.

In January a group of experienced trainers started the process of revising the teaching material connected to ICDP facilitator level training. The material contains three power point presentations. The idea is to maintain the quality of the ICDP training. The work is ongoing and will be finalized in spring 2019.

ICDP WITH PUBLIC HEALTH NURSES

A new paper about the ICDP programme has been made available. The paper is addressing the use of ICDP by health professionals in Norway; it is in Norwegian and this is the link to it:

<https://sykepleien.no/forskning/2018/06/helsesostrebruker-program-foreldreveiledning-aktivt-i-praksis>