

Three ICDP success stories from Nepal – year 2018

1. My early childhood was, to the utmost, “no play... only study”. From this astonishing training I acquired the understanding that children are more sensitive than we or our parents believe. Your training unlocked my perceptions on how we can help our kids be productive and shape them to be better humans. As I was the only male participant, I would say to all the fathers from my son’s school that you failed to hit the fun of learning the beauty of what a child sees a child does. I highly recommend every parent out there to get this training. I want all the readers to know the training made a difference in my life. - Mr. Bijay Gurung, ICDP caregiver in Nepal.
2. ICDP is all about tuning in with the child’s feelings. “Redefinition” is something that has transformed my attitude toward my children. This has made me pause, think and then react to any incident. Being certified as an ICDP trainer had provided me with ample opportunities to reach huge numbers of parents via the facilitators training. This has also encouraged me to interlink theory to the eight guidelines of ICDP which in turn helped me realize that ICDP really works. Now I am aware that if I want to be in the child’s shoes then I have to FIRST remove my own shoe”. - Mrs. Meena Subba Karki Ktm, office manager/ICDP trainer, Nepal.
3. As a psychologist, I have been working for many years in the areas of disability, family, trauma and addiction. My professional focus has always been on a trustful and encouraging relationship with my clients, which I understood as a resource for their next developmental steps. ICDP was perfectly fitting to my own opinions and experiences. I found out that the programme is an effective tool for activating the essence of human care, which is so crucial for living and growing as a human being. I am now in the process of making this useful training available for caregivers in Germany too. In January 2018, I happily started the first ICDP training group in Germany with both mothers and professional caregivers. Josie, student of psychology and caregiver for special needs children said: “ICDP provides a new view of the daily problems when you are working with children. It helps to implement theoretical knowledge in daily life. ICDP facilitates the discussion with one’s self, with environment and fellows”. Katrin, mother of 4 children and professional child minder said: “ICDP awakens hidden emotions in me. It empowers and validates me in what I am doing and thinking. It came to Germany much too late!”- Ms. Rita Crecelius ICDP Facilitator.