

**SOCIAL WORKERS AND COMMUNITY HEALTH WORKERS ON ICDP TRAINING IN BABATI  
FROM 5<sup>TH</sup> TO 7<sup>TH</sup> MARCH 2020.**



**A group of social workers and community health workers attended training in the ICDP programme during March 2020.**

**DAY I**

The training had 14 participants, 4 males and 10 females.

2 ICDP trainers conducted the training assisted by 3 Social workers who are also ICDP facilitators in Mbulu

All the participants attended all the three days of training

The training was officiated by the Manyara Region Social Worker wishing the participants fruitful training which will help them to perform their work better. The trainers shared the timetable for the topics which will be covered and that the training package has 3 modules with intervals of home practice or putting into action what they learnt and by sharing experiences develop themselves to be better parents/caregivers and then be able to sensitize other parents/caregivers in the community to bring up their children to be better citizens

The contents of the first module were therefore:

- a) Meaning of ICDP
- b) Components of ICDP
- c) The Concept of the Child, Border of Empathy and Naming the child
- d) The 3 dialogues
- e) Basket of Feeling and
- f) Difference between teaching and facilitating

The trainers taught and also facilitated by using questions and answers, experience sharing examples and role plays . The first day covered the first 3 areas of meaning of ICDP, components of ICDP and concept of the child. Participants were able to share examples of how some children were neglected and given names of animals or nasty behavior eg. pig, stubborn, ignorant etc. After some discussions they could form this negative names interpret and give better and good names. This made it easier to demonstrate the border of empathy and bring the child inside border. During discussions participants made two short brief talks before sharing

The second and third day started with reflections of the previous day as a way of knowing the understanding of the participants and also to enable the trainers to clarify areas which might not have been well captured. The participants worked out this by dividing themselves into 3 groups to enable all to participate.

## **DAY II**

The first group gave a summary of what transpired during the first day. They captured the important issues which were discussed. The trainers introduced the 3 dialogues which describes the 8 ICDP guidelines emphasizing on the 4 first guidelines for creating safety and security for children 5-7 leading the child to the outside world and number 8 giving limit to the child. The method used was role play, discussions, questions and answers. The participants gave their testimonies and experiences.

The participants shared several case stories regarding the 8 guidelines among them is a story of a boy called A who was playing outside his house with other play mates, suddenly A cried bitterly, his mother was inside and she heard the cry but did not respond, This is what happened Boy A while playing the other play mate took a knife and cut the penis of the boy as he said he also had his penis cut by a doctor so he wanted his mate to have their penis look alike. So A bled and fainted before a passerby passed by and helped him, called his mother and they ran to the nearest dispensary. When the mother was asked why she did not respond to her child when he was crying, she narrated that her child cried often unnecessarily so she thought it could be like what he has been doing every day.

## **DAY III**

The reflection of the previous day was done. They captured the main parts of the 8 guidelines and one participant shared how she tried to practice the previous night and that morning she heard her own children commenting amongst each other that –oh mother has been very cool since last night, what has happened?” as she used to shout and not appreciate anything from the time she entered the house. Why is this here, why is this done, go and do this and that. Participants were allowed to ask/comment/add to what have been discussed for the past days. Then the participants were divided into 2 groups and were asked to compose a role play which will cover the 3 dialogues and present. After presentation the participants pointed out the section where different 8 guidelines were used. The trainers explained again the 8 guideline and emphasized that the child should be involved in setting limits by giving living examples , advantage and disadvantage ,danger and safety .

The participant were given home work to use the 8 guidelines in caring children practically and take a short clip with their smart phones which they will play to the others during the 2<sup>nd</sup> module training which they will present in the next module.

This group is very active and committed and before we closed they shared examples how they have changed themselves and in performing their work in the community.