

## UPDATE 2016

ICDP USA is working under The Changing Children's Worlds Foundation (CCWF).

The goal is to enhance positive development and family relationships, which will strengthen success in family, schools, and community.

In turn, this serves to reduce an inter-generational cycle of intra-familial violence, maltreatment, and neglect by providing positive social/emotional, cognitive, and self-regulative development guidance and practice for both parents and children while also building a supportive community for participating families over time.

This is of strong importance in Chicago and surrounding communities as 2016 proved to be an exceptionally violent year, especially for Chicago's children.

ICDP USA has expanded its work by partnering with a vast scope of different institutions and organizations that strive to increase knowledge, skills, confidence and empathic development for parents and caregivers.

The ICDP work was evaluated thanks to the sponsorship by the Pritzker Early Childhood Foundation, and the final report yielded important evidence of the growing effectiveness of ICDP.

Evidence suggests that ICDP is connected to positive outcomes for parents' sense of self and their reported parenting skills and relationships.

Over the last two years, the ICDP-USA Evaluation, funded by the Prtizker Early Childhood Foundation yielded important evidence of the growing effectiveness of ICDP-USA.

Evidence suggests that ICDP is connected to positive outcomes for parents' sense of self and their reported parenting skills and relationships - including significant increases in confidence and parental efficacy, mental health and health and well-being as well as an increase in perceptions of ICDP guidelines and activities among parents and their children. With new motivation, caregivers have worked to develop and apply stronger empathy-based parenting skills, improving their adult-child interactions and family relationships.

The ICDP International Cycle observed that ICDP-USA is aligned with what is typically found in international program results:

- (1) more effective/positive parenting practices,
- (2) reduced child conduct difficulties
- (3) reduced parental depression (Skar, von Tetzchner, Clucas & Sherr, 2014).

Additional results that we have found include more joy in family relationships, leading to children having a greater chance to thrive and succeed academically and socially.