

## ICDP in China Annual Report 2020

### 1. Describe the main results of the year, including results of Covid-19 interventions.

- 1415 caregivers received ICDP caregiver trainings, 116 received facilitator trainings in 2020, 22199 children benefitted from the project. According to the plan for 2020, ICDP China was going to hold trainings for senior trainers, to be conducted by international trainers from Norway. Because of the COVID-19 situation, the trainers were unable to come this year, so the training is postponed for one year. Had we been able to start the training of senior trainers, had the task been fulfilled, there would have been more trainers and facilitators ready to conduct their own trainings, which in turn would have doubled the numbers mentioned in the start of this paragraph. With this in mind, the project decided to recruit professional caregivers, such as teachers, social workers and community volunteers to receive the facilitator trainings and caregiver trainings, so that they can reach more children from schools, kindergartens and the children's activity centres in communities, since the children in the project areas went back to school in April of 2020.
- All project staff from local partners received ICDP training at caregiver level, and 90% of them continued their training to facilitator level, in order to increase the capacity to implement ICDP. The total number of local project staff is 50 (37 women, 13 men). All received ICDP training at caregiver level.
- In July, the project sites were ready to run activities again, and in August the project held an Annual Conference with two main focuses: gender equality and advocacy initiatives. The project invited professionals to give training on both topics.
  - The training on gender equality was about the importance of gender equality in child rearing and the crucial role both mom and dad have in the child's life. All local partners agreed on setting rules on including male participants in the project when recruiting caregivers and facilitators. The project is working intentionally on recruiting more male caregivers. As a result of this, 47 of the 116 qualified facilitators are men (69 women). Male participation is 40%. All male facilitators fulfilled their training tasks at caregiver level. The total number of caregivers who received the training in ICDP is 1415; 35% were male-caregivers, 65% were female-caregivers.
  - The focus on advocacy initiatives was to empower decision-makers. All local partners gave presentations on ICDP to their partner organizations and the government.

## 2. Impact:

- **ICDP China has developed into a viable entity in China**

ICDP China works with 5 local partners, with 50 people (37 women and 13 men) as a total number of project staff divided between these local partners. All of them received ICDP training at caregiver level. By the end of the 2020, there were 6 ICDP trainers, and 30 caregivers were in process of receiving facilitator level training. The local partners presented ICDP to their local authorities and applied for support from the local government. ICDP China has been introduced to the local governments by the local partner as a legal entity in China.

Podcast: As a result of lockdown when Covid-19 hit China in the first half of 2020, ICDP China had to be creative and think of new ways to reach people. This resulted in creating a podcast to promote ICDP in China.

200 episodes were uploaded. On average there were 200 listeners of an episode.

By the end of 2020 there were 985 registered followers.

An online promotion and interaction system was established, which will continue after COVID-19.

- **The protective measures should, as appropriate, include effective procedures for the establishment of social programs to provide necessary support for the child and for those who have the care of the child**

Two local educational bureaus use ICDP in their parenting training system in 70 primary and middle schools in Yunnan Province;

## 3. An overview of the main activities carried out during the year, including Covid-19 interventions.

- **Baseline:**

- Baseline and research about ICDP influence on child-raising was conducted in October of 2020. After several meetings with the local partners, schools, and the research team, we agreed on the decision that baseline and research studies could be combined. The methods used in the baseline study included questionnaire, interviews, and small focus groups.

The collected information included one questionnaire about children's thoughts on how their parents see them and one questionnaire on caregiver's conception of child. 137 children aged 9-12, and their main caregivers were randomly selected from two primary schools in Zhaotong. These 137 caregivers are the target group to receive ICDP caregiver-level training, and the 137 children are selected from the class whose teachers will receive ICDP caregiver-level training or even facilitator-level training in 2021.

As part of the research process, during 2021 there will be two follow-ups of these children and caregivers to observe and record impact/changes.

- The monitoring and evaluation tools developed for facilitators and the training, were based on the international standard. 116 qualified facilitators completed the pre-post evaluation questionnaires and logbooks.

- **Capacity Building:**

- Local project partners and ICDP personnel have a deeper understanding of the psychological foundation of ICDP. This knowledge improves the content of ICDP trainings. 10 ICDP supervision and capacity building sessions for local partners and project personnel took place on the project sites, with the aim of strengthening the awareness and skills, the understanding of the psychological foundation of ICDP, and to increase knowledge on how to run ICDP training of caregivers.
- The training on Gender Balance, with the focus of male involvement in child-rearing were part of the annual ICDP conference that was arranged in August of 2020. The annual conference was attended by 45 ICDP personnel from the project sites. A workshop about the roles of male and female in a family was led by an expert on gender equality. One outcome of the workshop was more awareness and the rule to have a certain percentage of male participants in our trainings, workshops, etc.
- One workshop at the ICDP China Annual Conference in August of 2020 was about ICDP network building and resource sharing. It offered an opportunity to local partners to share their experiences and lessons from ICDP implementation. The theme of the workshop was how to build a network at local level. As the outcome of the workshop, each local partner set a detailed plan of building their network in 2020.
- Another workshop at the ICDP China Annual Conference in August of 2020 was learning the newest ICDP policy on child protection. ICDP Policy for protection from sexual exploitation and abuse (PSEA). This policy applies to all board members, staff and trainers who have agreement directly with the ICDP foundation. It also applies to trainers, facilitators and related personnel of our partner organizations who are involved in the implementation of the ICDP programme. The project gave a presentation of PSEA.

- **Training:**

- Caregiver training

1415 caregivers received caregiver training in 2020. 31% of these 1415 trained caregivers are male participants and all of them fulfilled the training tasks. Most of these caregivers attended the whole 8 meetings in 1.5 month. Which means

they applied ICDP in their daily life and received positive feedbacks from their children, so they came for all workshops. Among these caregivers, 17 are social workers in communities, 960 are parents, 10 are principals from primary schools, kindergartens, and middle schools. 428 are teachers or officials from educational bureaus. The teachers from educational bureaus are responsible for parenting trainings at school. These professional caregivers have applied ICDP in schools, communities, and educational departments. Due to the calculation from the local partners, 22,930 children benefitted from ICDP caregiver trainings in 2020.

- Facilitator training

116 facilitators received their certificates in 2020, 47 men and 69 women. Most of the 47 men facilitators are teachers, principals and educational bureau officials. All local partners attended ICDP caregiver trainings and facilitator trainings. 1415 caregivers had been trained by these facilitators in 2020. All of them met the requirements from ICDP China monitoring system.

- Senior trainer trainings

Due to COVID-19, senior trainer training was not able to start in 2020.

- Trainer training

Due to COVID-19, no new training for trainers took place, since there were no senior trainer trainings in 2020.

• **Monitoring:**

- A self-assessment tool was developed for ICDP personnel suited to local context.
- Annual assessment of partners was developed and used.
- ICDP international monitoring tools were adapted to ICDP China. Each of the local partners has their own monitoring tools.
- ICDP China developed the assessment tools, so ICDP China and partners can monitor the quality of trainings.

• **Research:**

A research team has established. The team members are,

- Professor of Epidemiology Dept of Medical University who is responsible for data analysis.

- Professor of public health Dept of Medical University with 35 years of experience on children and women health development projects, is to be responsible for initiating the data collecting and follow up structure;
- Researcher of Yunnan Academy of Social Science, specialist on gender equality. Senior advisor of local government on gender balance in child development.
- Experienced social worker on child development project in Yunnan (with 35 years' experience), facilitator under training.
- Research conducted to help get funds to increase and enhance quality of information.

The research about ICDP influence on child-raising was initiated in October of 2020. Both the MOU and the contract were signed between the project and the research team, which stated that the research team will run the research, baseline, evaluations as a totally independent third party. All the researches and valuations will be done in the professional and scientific approaches. The result reports will try to be published in magazines about child education or society development in China as advocacy to the government to fund ICDP in China.

- **Production of materials**

A game book named *ICDP participatory teaching guidelines* was developed in 2020, which includes video clips explaining the games. The book publishing work will be done in 2021.

- **Digital System**

A digital system for collecting and analyzing statistics was established and uploaded to the website of ICDP China.

Jean Qin  
The legal representative  
ICDP China

Photos



“Men teachers involved from minority areas” - a facilitator workshop



“ICDP families-Caregivers and their children”- annual celebration of ICDP 2020 in ICDP local areas



“What can ICDP contribute in China?” - Meeting with the research team



“ Yes, it’s me!”- Role play at the caregiver meetings (1)



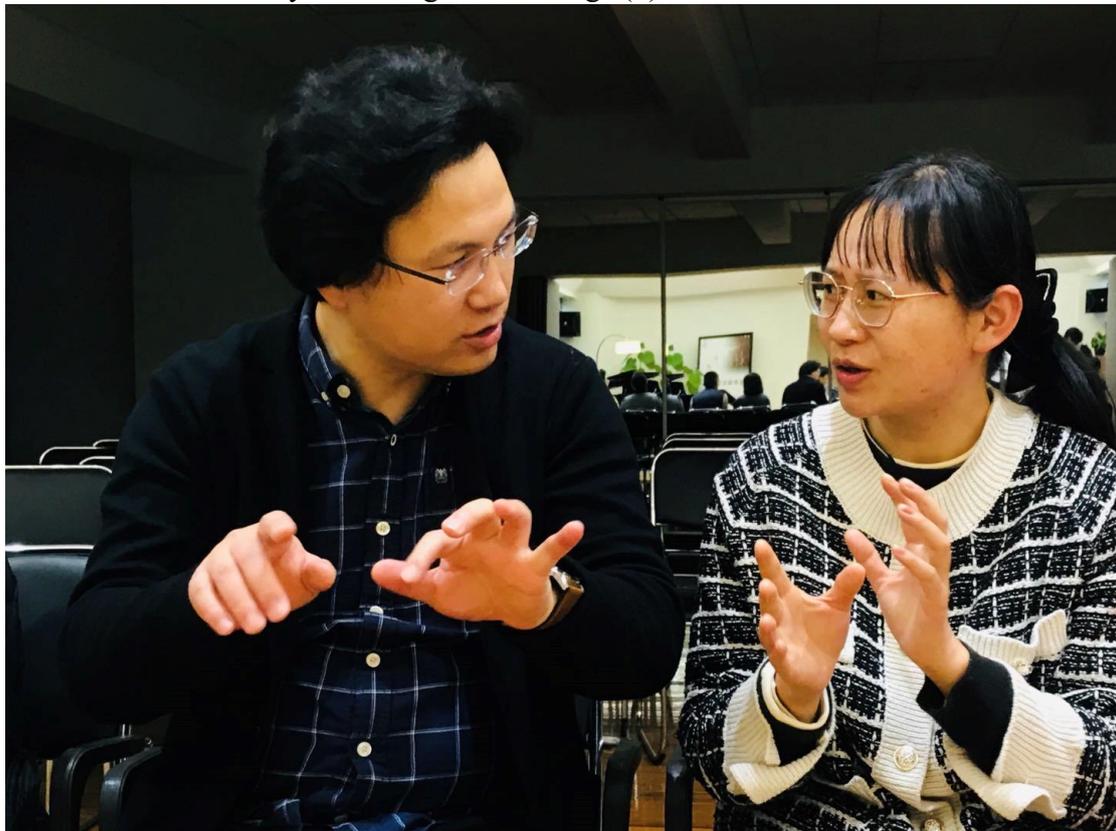
“So funny! Enjoy it!”-Caregiver meetings (2)



“Presentation from our group!”-Caregiver meetings (3)



“We take it in seriously...”- caregiver meetings (3)



“ We can learn from each other.”- Caregiver meetings (4)