

Report on ICDP Progress

Save the children

Nepal Country Office, Kathmandu

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Realizing that social protection can be a key thematic area to reduce child poverty, Save the Children is implementing Child Sensitive Social Protection (CSSP) program since 2011 that is supporting the government to deliver its social protection program in more transparent and accountable manner. In the course of the program implementation, it is learnt that a complementary intervention to social protection can bring better results on child development outcomes, Save the Children is therefore introducing a parenting programme as complementary intervention to the child grant. The child grant is a cash transfer scheme of Nepal government that provides Rs.400 per child per month for max 2 children from a biological mother. It is applicable for all children in 14 districts with the lowest HDI¹ and Dalit children in rest part of Nepal.

Save the children has adapted as International Child Development Programme (ICDP) as its parenting package targeting the parents and caregivers of the Child Grant aiming to improve their parenting behavior for the wellbeing the targeted children. Save the children first time implemented ICDP package in 2018 and had pilot assessment that has brought an encouraging evidence. After this, Save the children is scaling up the program in collaboration with local governments.

In 2020, Save the children implemented the ICDP in 3 municipalities from 2 districts through mobilizing altogether 40 facilitators (Mahottari – 26, Dolakha – 14) reaching out 893 (66 fathers) parents. Even in COVID time, Save the Children Nepal adapted different methods to continue ICDP program in its working area for examples; conducted ICDP Facilitator’s training through zoom meeting, airing radio program on ICDP messages, organized the caregiver’s face to face meeting in less-number of participants with safety measures.

Realizing the fact that a trained mother needs support from fathers, in-laws and other neighbors to better utilize the ICDP skills and knowledge with her children at household level, Save the children has initiated to organize separate meetings with fathers and communities. In addition to it, Save the children focuses on evidence generation to influence the government of Nepal.

ICDP related events in 2020 area as follows::

1. ICDP Facilitators training:

Save the children in collaboration with local governments organized ICDP Facilitators training through zoom for Mahottari district.

Districts	Municipality	No of new ICDP Facilitators	Training provided by
Mahottari	Bardibas	5 (all Female)	Save the children
	Gaushala Municipality	10 (all Female)	Save the children
Total		15	

¹ Doti, Achham Humla, Jumla, Kalikot, Mugu, Dolpa, Bajura, Bajhang, Jajarkot, Rautahat, Sarlahi, Mahottari, Siraha

2. Refresher Training for ICDP Facilitators:

Save the children in collaboration with local governments organized ICDP Facilitators Refresher training in Jajarkot and Dolakha districts.

Districts	Municipality	Old ICDP Facilitators	Training provided by
Dolakha	Baiteshor Rural Municipality	14 (all Female)	Save the children
Mahottari	Gaushala and Bardibas Municipalities	11	Save the children
Total		35	

3. ICDP caregivers' meeting in 2020: Reach out 827 mothers/caregivers

Save the children implemented ICDP meetings for 72 groups reaching out 827 mothers/caregivers in 2020 by mobilizing altogether 40 ICDP facilitators (Mahottari - 26), (Dolakha -14), in its working area.

Districts	Municipality	# of Facilitators involved	# of caregiver's groups	# of participants
Mahottari	Bardibas Municipality	11 (5 new)	15 groups	189 mothers
	Gaushala Municipality	15 (10 new)	25 groups	312 mothers
Dolakha	Baiteshor Rural Municipality	14 (Old)	32 groups	326 (2 batch completed)

4. ICDP caregiver's meeting with 66 fathers: A quality study with fathers in 2018 has recommended that father's involvement in ICDP meeting is crucial however with a compressed package. Save the Children has developed a compressed guideline to conduct meeting with fathers on ICDP agenda. The detail of the participants is follows:

Districts	Municipality	# of Facilitators involved	# of caregiver's groups	# of participants
Mahottari	Bardibas Municipality	6	3 groups	25
	Gaushala Municipality	5	5 groups	41

5. Community Sensitization on ICDP

This year the project also conducted 13 events - one day ICDP program for family members, neighbors, local teachers, child protection committee members, child club members (children). This orientation program

played an important role in enhancing the level of understanding of parent-child relationship, effect of malnutrition and nutrition and effects of neglect on a child. A total of 331 (female: 225, male: 88, girls: 7 and boys: 11) people participated in this program.

6. Home visits and Monitoring:

From this year, Save the Children is initiating Home visit and monitoring the session to improve the quality in program. Altogether, 72 home visits were conducted by the facilitators to support ICDP parenting practices at home. Please see annex for Home visit format

.7. Follow-up meeting with ICDP graduate parents:

Save the Children has initiated follow up meeting with ICDP graduate parents to know how they are practicing/continuing the ICDP skills and knowledge, to empower them so that they can raise this agenda with local government in different plate form. A total of 284 parents (female: 180, male: 4) were visited in this follow up meeting.

8. Broadcasting Radio Drama and Jingle:

During this reporting period, Save the children aired a radio short drama named “Yo awasar pani ho” (*this is an opportunity too*) on ICDP (parenting) through local FM stations in Save the Children’s project area i.e. Jajarkot, Kalikot, Mahottari, Dolakha and Kavre districts. The main objective of this radio program was to raise awareness on using the lockdown period as the best opportunity for spending quality time with their children. The drama was developed based ICDP guidelines. The radio program was beneficial to around 35,600 population of those area.

9. Assessment of Parenting program: We have received assessment report – 2019 both quantitative and qualitative. See Annex for details.







We conducted pre- assessment, but could not carry on the post assessment because we could not complete ICDP session in 2020. We will accomplish post assessment in 2021 and general full report in 2021.

10. Policy Influence: Dhulikhel Municipality, Chhedagad Municipality and Baiteshor Rural Municipality have endorsed Parenting Program Procedure 2076 which adopts ICDP as a major component. They are launching ICDP in all its wards by their own source in technical support of Save the children.

Way forward:

1. Save the Children will run ICDP meetings for at least 90 groups (82 mothers groups and 8 fathers groups) with at least 1048 mothers/caregivers and at-least 64 fathers in collaboration with local governments (Mahottari 40 groups, Mahottari – 8 fathers group, Dolakha – 24, Kavre – 18), will train 18 new facilitators (Dolakha – 3, Kavre – 15)
2. Save the Children will generate evidence on the impact of ICDP in child nutrition and development outcome in 2021 and disseminate among relevant stakeholders.
3. To engage federal level government, Save the children will organize a field visit of the high level government official in ICDP program area .
4. Bardibas and Gaushla municipalities in Mahottari district are going to endorse parenting program (ICDP) procedure by the municipality council and expanding the program by their own resource.

Annexes

<p>Outline for Compressed ICDP package</p>	<p> CSSP Parenting Session_Mini Course 1</p>
<p>Home visit and Monitoring formats</p>	<p> Compiled file.pdf</p>
<p>Assessment Report - 2019</p>	<p>  CSSP Nepal Parenting Qualitative Parenting Quantitative</p>
<p>ICDP Facilitator's Graduation Ceremony in Mahottari district, Nepal</p>	
<p>ICDP Meeting with Mothers in Mahottari district, Nepal</p>	
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