

REPORT FROM UKRAINE

Sergey Krasin and Anna Trukhan, May 2021

In 2020 covid influenced for possibility of conducting trainings very strongly. We had to change plans of work. We almost completely stopped traveling to other cities.

In the intervals between lockdowns, we could teach two groups in Kharkov. These were offline meetings. 24 participants were trained in the first group, and 20 participants - in the second group (photo in attachment).

In the beginning of March, 2021, we finished the last group and 15 specialists became ICDP facilitators (photo in attachment). In this group were school psychologists, private psychologists, teachers of the Kharkiv National Pedagogical University. named G.S. Skovorody, parents with foster children. They were specialists and parents from some cities: Kharkov, Kiev, Druzhkovka and Krivoy Rog.

In the each of groups were fathers. It is a good sign for Ukraine because usually mothers take care of children in our country

Trainees conducted seminars for parents. 217 parents were at that seminars.

Two married couples finished studying in this group. The first couple - Aleksandr and Victoria Lepeha, the second - Nikolay and Galina Khomtchenko. Now they are going to conduct seminars for other married couples.

Nikolay and Galina from Druzhkovka (Donetsk region). They have got foster children and conduct seminars for other parents who have got foster children.

In Kharkiv fasilitators Yana Sherbak, Elena Martynenko, Elena Bondar and trainee Alena Voynalovich conduct face-to-face seminars.

Also, the facilitators Alyona Bespalko and Alina Gerasimenko conduct online parenting groups.

Due to the coronavirus, facilitators in Ukraine work online a lot. We prepared the course "Tools of facilitation online" to support their work.

It consists of three modules of 3 hours each. Its goal is to give to participants the basics of working on the different internet platforms for conducting online meetings.

When facilitators have questions or difficulties in conducting groups, they receive group or individual supervisions from us on the ZOOM.

In April 2021, trainers Anna Trukhan and Sergei Krasin conducted the four-days training “Training Program for Specialists to Work with Children and Families under the Program for Optimizing Child-Parental Relationships - ICDP” in Mariupol, Donetsk region. Mariupol and its residents suffered from hostilities in 2014 (photo in attachment).

This training was organized by the Caritas Mariupol Foundation for psychologists and social workers of the city's social services. Specialists work with difficult families. The program got a positive response, some of the participants in the training were interested in further training. They noted that the program will help them in working with families who find themselves in difficult life situations.

At the beginning of June 2021, it is planned to start a new online-training group for facilitators. Participants from all over Ukraine can join it.

Feedback from a participant of the parent group

A participant of one of the groups who had problems with a 12-year-old foster daughter shared their positive experience.

This girl stole things. The help of a psychologist and other specialists did not help. Then foster parents made a decision to use the principle of a positive description of the child. They began to focus their attention and attention of the daughter on her success. For several months, the family tried to notice the girl's smallest successes. They noted them with praise and encouragement. The adults did not focus on what she failed. After some time, the daughter stopped stealing at home and at school. A few months later, she thanked her parents for their support. The girl said that no one had treated her like that before. The support of her foster parents helped her believe in herself, she believed that this family loved her. The adoptive parents noted that it was one of the happiest days for their family. Other children also noticed good changes in the family.



Parent group. Facilitators Martynenko and Lepekha



Mariupol



Mariupol



Mariupol



Last-Kharkiv-group-03.2021



Autumn-group-Kharkiv 2020



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