## ICDP BRAZIL 2021 UPDATE



During the pandemic in 2020 - 2021, ACARI worked with families in two locations, Petrolina and Juazeiro.

It was a very challenging year for most Brazilian families, the COVID-19 pandemic affected children and their families, since children were no longer able to go to school and families were out of work.

ICDP was part of the "Project Building Ties", which aimed to prevent domestic violence against children and adolescents, supported by Kindernothilfe. The ACARI facilitators worked remotely with families and in addition, the families received educational kits, food and hygiene kits from the project. The support with food meant that families could remain in their homes protecting themselves from the coronavirus. With the pedagogical kits, the families were able to share games together, thus improving family life and the affective bond.

The ICDP methodology will also be present in the new ACARI "Bem Me Quer" 2021-2026 project, supported by Kindernothilfe. It aims to create conditions for a healthier family life that minimizes the use of psychological and physical violence of 340 children and adolescents from two beneficiary partner institutions, Fundação Lar Feliz/Bahia and Projeto Vida Nova/Pernambuco. About 280 families will be monitored. A novelty is the use of the "Positive Interaction Kits" given to parents during training meetings, to promote positive interaction through collective activities of all family members. The objective is to strengthen family ties, improve communication, promote moments of recreation and relaxation, foster empathy, express trust and cultivate love.

Examples of kits: "Master Chef" Kit (ingredients to make a cake together); Family Organic Garden Kit (seeds, sprayer and fertilizer); Traditional games kit (rope, pawn, steering wheel); Puzzle Kit (a game with many pieces to put together as a family); Picnic Kit (soft drink, chorizo, sauce and bread for a snack on the patio); Kit Building A Kite (tissue paper, glue, string and barbecue stick to build kites along with C/AD); Kit Decorating the House (canvas, paints and brushes to paint family pictures and decorate a room in the house); The families will be part of a WhatsApp groups, in order to receive daily messages about positive interaction with their sons and daughters.

A new initiative: In the second half of 2021, Rosilene Thilesen started to plan a new initiative for Brazil. She aims to introduce the ICDP programme to social workers and families in Sao Paolo and Rio de Janeiro where she has both family and good connections. She is supported by Nicoletta Armstrong and also by Polyanna Magalhães, the representative for ICDP in Brazil.