

ICDP in China 2021

By Jean Qin

ICDP promotes the improvement of the quality of parent-child interaction, gender equality, and seeing the child as a person with their own rich inner life. This last part is quite controversial in China, and from the onset of introducing ICDP to China we have seen the positive effects of drawing attention to this; people start recognizing their own inner child and draw on these emotions to improve their parenting.

ICDP Training:

4655 caregivers have completed training in 2021.

Besides the parents, many of the caregivers are teachers and social workers who can reach many children in their daily work. A total of 381 professional caregivers were trained in 2021. About 50% of trained caregivers were people from minority groups.

267 new facilitators completed training at facilitator level.

5 trainers received online training from an ICDP international trainer in 2021.





Research:

As there have been many policies and regulations relating to parenting that were published by the government in recent years, ICDP China invited a professional team to carry out research by mapping parenting courses and relevant governmental policies in China. In this way ICDP China can have a better understanding of the current situation regarding Parental Training Courses in China.

Potential cooperation:

ICDP China completed the whole training section for the first group of facilitators from Tibet. ICDP in Tibet can be initiated by the Tibetan facilitators starting from 2021.

ICDP China was invited to meetings with local procuratorate for cooperation and protection of juveniles, and offered 8 ICDP workshops to 6 young people who were suspects involved in criminal cases. Two of the young people's caregivers attended these meetings regularly and all the caregivers attended at least once.

Gender equality:

In 2021, a caregiver training was conducted for the first time for a local Taekwondo team in Kunming. The feedback from them was that they have become more patient after attending ICDP training, they want to spend more time listening to their children, and they see the value of slowing down and actually engaging with the children.



Material developed:

To make ICDP more practical and fun when training caregivers in ICDP, ICDP China developed a set of Game cards and a Game book for facilitators to use with caregivers, instead of using PPTs.

These training tools were particularly helpful for caregivers with poor education and those from minority groups.

