

Report on ICDP Progress

Save the children

Nepal Country Office, Kathmandu

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Realizing that social protection can be a key thematic area to reduce child poverty, Save the Children is implementing Child Sensitive Social Protection (CSSP) program since 2011 that is supporting the government to deliver its social protection program in more transparent and accountable manner. In the course of the program implementation, it is learnt that a complementary intervention to social protection can bring better results on child development outcomes, Save the Children is therefore introducing a parenting programme as complementary intervention to the child grant. The child grant is a cash transfer scheme of Nepal government that provides Rs.532 (increase by the government from this fiscal year) per child per month for max 2 children from a biological mother. It is applicable for all children in 25 districts (11 districts added from this fiscal year) with the lowest HDI¹ and Dalit children in rest part of Nepal.

Save the children has adapted as International Child Development Programme (ICDP) as its parenting package targeting the parents and caregivers of the Child Grant aiming to improve their parenting behavior for the wellbeing the targeted children. Save the children first time implemented ICDP package in 2018 and had pilot assessment that has brought an encouraging evidence. After this, Save the children is scaling up the program in collaboration with local governments in 5 municipalities of 4 districts these are Gaushala Municipality and Bardibas Municipality of Mahottari, Dhulikhel Municipality of Kavre, Baiteshwor Rural Municipality of Dolakha and Chhedagadh Municipality of Jajarkot.

Realizing the fact that a trained mother needs support from fathers, in-laws and other neighbors to better utilize the ICDP skills and knowledge with her children at household level, Save the children has initiated to organize separate meetings with fathers and communities. In addition to it, Save the children focuses on evidence generation to influence the government of Nepal as well.

ICDP related events in 2021 area as follows::

1. ICDP Facilitators training:

Save the children in collaboration with Dhulikhel Municipality organized one ICDP Facilitators training was organized (3 workshops)

Districts	Municipality	No of new ICDP Facilitators	Training provided by
Kavre	Dhulikhel	17 (all female)	Save the children

2. Refresher Training for ICDP Facilitators: Save the children in collaboration with local governments organized ICDP Facilitators Refresher training in Dolakha district.

Districts	Municipality	Old ICDP Facilitators	Training provided by
Dolakha	Baiteshor Rural Municipality	17 (all Female)	Save the children

1. ¹ Dolpa, Humla, Jumla, Kalikot, Mugu, Doti, Rautahat, Achham, Bajhang, Bajura, Jajarkot, Sarlahi, Mahottari, Siraha, Dhanusha, Rasuwa, Salyan, Dailekh, Paschim Rukum, Purba Rukum, Rolpa, Kailali, Bara

3. ICDP caregivers' meeting in 2020: Reach out 827 mothers/caregivers

In 2021, Save the children implemented the ICDP meetings in 4 municipalities from 3 districts through mobilizing altogether 52 facilitators (Mahottari – 18, Dolakha – 17, Dhulikhel - 17) reaching out 1092 parents through 112 parents groups (196 fathers from 23 father's groups).

District	Municipality	# of Facilitators	# of Mother's group	No of Mothers attended ICDP meetings	# of Father's group	# of Fathers attended the ICDP meetings
Mahottari	Gaushala and Bardibas	18 (all old)	40	496	23	196
Kavre	Dhulikhel	17 (14 new)	27	270	0	0
Dolakha	Baiteshor	17 (3 new)	22	230	0	0

4. Community Sensitization on ICDP

One day community sensitization on ICDP was conducted in 15 different areas of project implemented municipalities of Mahottari district including teachers, members of child protection committee, ward chairperson, ward members and members of child clubs to enhance their understating about childcaring and nutrition. These orientations were meant to enhance the understanding of parent-child relationship, effect of malnutrition and nutrition and effect of neglect in children. A total of 457 participants (Women-388, Men-62 and Girls- 7) were participated in this program.

5. Home visits and Monitoring:

To support and enhance child sensitive parenting behaviour among caregivers, the facilitators conducted 486 home visits to the households of caregivers.

6. Assessment of Parenting program:

We conducted post assessment of parenting program in Jajarkot and Mahottari, now we are waiting reports.

7. Policy Influence:

Gaushala and Bardibas Municipalities in Mahottari district are going to endorse parenting program (ICDP) procedure and implemented ICDP meetings with 385 mothers through 28 groups without support of the Save the Children in demand of communities.

8. Collaboration with the Story of Nepal:

#BecomingAParent – Parenting comes with its fair share of joys and challenges. Navigating parenting during COVID-19 has become even more challenging as parents and children spend an unprecedented amount of time together at home. Almost all of us have experienced this ourselves. In this context, Save the Children collaborated with Stories of Nepal <https://www.facebook.com/TheStoriesOfNepal> to bring the stories of parents who have adopted gentler and affirmative parenting techniques inspired by the International Child

Development Program (ICDP). These stories talk about parents taking care of children with love, enriching interactions, and providing a positive limit for supporting children’s physical, emotional, social, and intellectual development. Our Child Sensitive Social Protection Program provides technical support to local governments to run parenting programs for parents and caregivers of Child Grant beneficiaries. Child Grant is the Nepal government’s cash transfer program aiming to reduce malnutrition of children aged below 5 years.

Links to the Posts:

- Post 1: <https://www.facebook.com/TheStoriesOfNepal/posts/4091886824243105>
- Post 2: <https://www.facebook.com/TheStoriesOfNepal/posts/4093493094082478>
- Post 3: <https://www.facebook.com/TheStoriesOfNepal/posts/4096419207123200>
- Post 4: <https://www.facebook.com/TheStoriesOfNepal/posts/4099293550169099>
- Post 5: <https://www.facebook.com/TheStoriesOfNepal/posts/4103755086389612>
- Post 6: <https://www.facebook.com/TheStoriesOfNepal/posts/4108193439279110>
- Post 7: <https://www.facebook.com/TheStoriesOfNepal/posts/4112707178827736>
- Post 8: <https://www.facebook.com/TheStoriesOfNepal/posts/4116046005160520>
- Post 9: <https://www.facebook.com/TheStoriesOfNepal/posts/4127588670672920>
- Post 10: <https://www.facebook.com/TheStoriesOfNepal/posts/4130774360354351>
- Post 11: <https://www.facebook.com/TheStoriesOfNepal/posts/4134016326696821>
- Post 12: <https://www.facebook.com/TheStoriesOfNepal/posts/4140016072763513>
- Post 13: <https://www.facebook.com/TheStoriesOfNepal/posts/4148408075257646>
- Post 14: <https://www.facebook.com/TheStoriesOfNepal/posts/4154918561273264>
- Post 15: <https://www.facebook.com/TheStoriesOfNepal/posts/4169592756472511>
- Post 16: <https://www.facebook.com/TheStoriesOfNepal/posts/4172494799515640>
- Post 17: <https://www.facebook.com/TheStoriesOfNepal/posts/4178329352265518>
- Post 18: <https://www.facebook.com/TheStoriesOfNepal/posts/4181841021914351>
- Post 19: <https://www.facebook.com/TheStoriesOfNepal/posts/4185264614905325>
- Post 20: <https://www.facebook.com/TheStoriesOfNepal/posts/4187842624647524>

Pictures

Fathers are attending ICDP meetings in Mahottari



ICDP Meeting with Mothers in Dhulikhel ward no.8



Deputy Mayor and Ward Chairs of Gaushala Municipality are interacting with ICDP caregivers.



Mother is interacting with her child after ICDP meeting.



