

ICDP TRAINING FOR CAREGIVERS

Lilongwe Malawi



Photo: Caregivers after receiving the certificates

An ICDP course for caregivers took place in Lilongwe, at the Riverside Hotel from 26th – 30th September 2022.

The training targeted 25 (13 female & 12 male) caregivers from kindergartens including nurses and clinicians under Lighthouse. Lighthouse is a registered public trust that exists to contribute to Malawi's national response to HIV as a model providing a continuum of high-quality care while building capacity in the health sector.

Lighthouse learnt about ICDP from one ICDP facilitator who briefed them about the programme, and they saw the importance of inviting trainers to conduct the training.

Through ICDP sessions caregivers were guided to see and understand their children, improve the quality of interaction and the relationship with their children. An important focus was also on raising awareness about the needs of the children in their communities and workplaces.

Gertrude Msowoya and Louis Malajira, two of the ICDP trainers in Malawi, conducted the week-long training course.

1.0. Appendix 1. Pictorial focus on some energizers

