



## REPORT OF THE TRAINING WORKSHOP FOR SOCIAL ACTORS, SCI STAFF AND THE SOLEIL LEVANT/EDUCATION PARTNER ON THE INTERNATIONAL CHILD DEVELOPMENT PROGRAMME (ICPD) IN THE IMPLEMENTATION OF THE CSSP IN BONDOUKOU AND TANDA



*Pictures 1 : Opening of the session by the project coordinator*

The report highlights , key discussions and recommendations from the ICDP program training for social actors, SCI staff and the rising sun partner in Côte d'Ivoire.

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The THOMSON hotel in BONDOUKOU hosted the first phase of training of CSSP project actors on the ICDP parenting skills program from 10 to 12 October 2022.

The project coordinator gave the start of the workshop by thanking all the participants for their presence and stressing the importance of this session in the



framework of the CSSP project. Indeed, it meant that this program is a key complementary intervention to the existing backstop program to

achieve the objectives of the CSSP project and ensure that it leads to positive outcomes for children, especially those from the poorest and most marginalized households.

Before starting the sessions; Participants pre-tested their interactive profile, before declining their expectations. The expectations of the participants were mainly on the understanding of the program and the content of the ICDP:

Program Expectations	Other expectations
Learn tips to better educate children	Know budget management techniques
Understand the ICDP theme and how to transmit it	Be equipped on child-sensitive social protection
Know our role in the ICDP program	
Know how to achieve a change of mentality through ICDP	
Know the rights of parents according to the ICDP program	
Be a good facilitator	
Know the definition of ICDP	
Have a clear and simple explanation of the modules	
To be able to provide support to parents for the education of children	
Know the effects of psychosocial deprivation on brain development	
Know the objectives of the ICDP program	
Know how to behave in a group	



Know the psychosocial bases between a caregiver and his child	
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The analysis we can make of the expectations expressed is that the participants have different levels of understanding, this could be partly explained by the fact that not all actors have the same role or involvement in the implementation of the programme. But these expectations on the whole show us that participants have a great desire to discover the content of the ICDP program.

**I-The Hot spots of the event of the sessions :**



**Pictures 2 : Restitution of group work**

The presentation of the scientific basis of the program allowed participants to understand the correlation between good interaction and the psychoneurological development of a child. This rather technical module was better explained through the concrete examples and illustrative videos used. Ubuntu Zulu's ideology that "One person becomes human through other people" demonstrated to facilitators that the program has a humanistic foundation and is unconditionally applicable to the African context in general and Ivorian in particular.



Through practical simulation exercises, the volunteer facilitators took turns trying to mimic emotions of sadness and anger; From fear or fear, it was an opportunity to assess the ability to harmonize with the other by meeting the criteria laid down by the program, namely eye contact, facial expression; posture; the quality of the touch; the sound of the voice etc.

At the end of the scenarios the most important message was on "the quality of touch" it is important to make the distinction according to the sex and age of the child indeed the facilitator must control his way of "touching" so as not to make the child uncomfortable or so that his gesture does not lead to interpretation on the part of the entourage.

The redefinition of the child through group work on the qualities of the ideal child and the qualities of the ideal caregiver, led the participants to understand that there is positive in any child and that it is the duty of parents or caregivers to value these qualities to allow the child to better assert himself.

The ICDP guidelines received a great deal of attention from the assembly. These guidelines have been translated into the local Kulango language to enable facilitators to familiarize themselves with the guidelines and, above all, to explain them easily. This exercise was very appreciated and sometimes contradictory because depending on the dialects, the meaning may vary but unanimously the participants reached consensus.

The seven facilitation principles of the ICDP program made it possible to discover the postures to adopt when facilitating a parenting skills session;

The eight guidelines that form the core of the ICDP program were distributed among participants for implementation to ensure that each guideline was well understood. Thus, nine groups of two or three participants were formed, each with a directive.

- Group 1: Show a positive sense of love
- Group 2: following the children's initiative
- Group 3: Intimate dialogue



- Group 4: Praise
- Groups 5: Focus
- Group 6: meaning
  
- Group 7: Expansion
- Group 8a: setting limits in a positive way
- Group 8b: Guide step by step

The facilitator's guide produced for Burkina Faso was made available to facilitators for the preparation of the sessions. Also group 1 was composed of the two trainers and a facilitator to demonstrate the facilitation techniques of the program while respecting the seven principles of facilitation.

It should be noted that seven groups did the indoor practice and two groups met in the field with two mixed groups in the village of Atémogossé 15km from the city of Bondoukou.

## **II- Key findings from practice :**



**Picture 3 : Putting it into practice in the field with 12 caregivers**



**For indoor simulations:** It should be noted that all facilitators took part in the exercise even if others were more shy. Overall, each facilitator has done his utmost to implement the Directive. The positive points noted are that all groups have applied the principles in particular: establish a contract of trust with caregivers through the way they sit in the group, funny stories, or dynamic games; Confirm the caregiver's capacity; The facilitators did not fail to praise the caregivers through applause or comforting words. They also activated caregivers to apply the 8 guidelines in practice, indeed they asked caregivers to share experiences and gave exercises to practice for the home.

The points to be improved are the principles on redefining the child in a positive way. Indeed, most facilitators have to rework this principle more because during the simulations caregivers shared very bad qualities of their children but no redefinition emerged; Instead, the facilitators referred to questions to ask the assembly about solutions for such children.



What was also missing during the classroom simulations was the sharing of their own experiences with the group of caregivers; but guidelines have been given to make this possible.

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✚ **For field simulations** : It should be noted that for the field phase for logistical reasons all the facilitators could not go there only 17 people including a trainer; the project manager and the MEAL of the project went. After the customary greetings to the village chief and the explanation of the purpose of the exercise; Simulations have started. The praise group really rose to the challenge by performing well with five men and five women; Indeed, it was in a good-natured atmosphere that the three facilitators conveyed the message in the local language. The session was very appreciated and dance and singing steps allowed a beautiful closing of the session

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As for the focus group; It must be recognized that they had more trouble indeed the session was held near the big voice which attracted the curiosity of passers-by who did not hesitate to stop and even to interrupt sometimes with questions. Added to this is the fact that caregivers from the beginning have more concerns related to the collection of their cash; Facilitators struggled to reframe discussions.

The two field sessions were filmed and projected in the room for a general debriefing;

It was time for the facilitators to express themselves and give their feelings, on the whole all recognized that this exercise was necessary; and take note of the observations made to improve.

As for the digressions of the caregivers, we recommended to always bring the caregivers back to the theme while responding to the concerns raised if they have answers or by postponing them to better inform themselves in order to come back with elements of answers but in any case we have clearly advised the facilitators not to make false promises to the caregivers because it is the image of the project in particular and Save the Children in general.



As a closing activity we used the exercise on self-confidence and self-esteem from the Youth Resilience Program to motivate facilitators to prepare well and believe in their skills and abilities to better convey ICDP messages; To do this we used the mirror with the key messages on self-esteem.

As a result of this exercise, All facilitators were encouraged to practice self-training well on themselves and on a control group other than the direct beneficiaries of the program. A facilitator from Burkina Faso was invited via teams to share her experiences on the ICDP programme. She emphasized in her speech the importance of the program in her personal life; for his entourage (beneficiaries) and some success stories in the intervention community.

For the closing of the session, the Head of Office of SCI Abengourou honored us with her presence and sincerely thanked all the actors for their involvement in the training; She says she relies heavily on facilitators to achieve the program's results; words of encouragement and praise ended the first training session for social actors, SCI staff and the Rising Sun Partner on the International Child Development Programme (ICDP)

After the closing, the team of trainers and all SCI RCI staff had a debriefing session under the responsibility of the Head of Office; The aim was to take stock of the three days of sessions and especially the recommendations and orientations for the self-training phase and the second session. We could retain the following :

### **III- Recommendations and guidance**

- Make a good follow-up of the self-training; Close coaching can help facilitators; To do this, the project manager can ask social workers to support the guides.
- Establishment of an ICDP network for sharing experience and monitoring a WhatsApp group could be created





- Establishment of a task team of four people to capitalize and centralize all the experiences of self-training in order to have a guide adapted to the context of Côte d'Ivoire like that of Burkina Faso.



**Pictures 4 : Family picture with all participants**



**Pictures 5 : SCI team and trainers with the head of the Abengourou SCI office**

## **ANNEXES**

### **Evaluation of the training of new facilitators in parenting skills**

<b>Questions</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>TOTAL</b>
How useful was this training for you?	1			9	14	<b>24</b>
How clear were the trainer's explanations for you?			1	7	16	<b>24</b>
In your opinion, how important are the contents of the programme for your day-to-day work?	1		2	7	14	<b>24</b>



<p>How well do you think you will apply the ICDP program in your work?</p>	<p>1</p>		<p>2</p>	<p>10</p>	<p>11</p>	<p><b>24</b></p>
<p>FEEDBACK</p>	<ul style="list-style-type: none"> <li>➤ I see that the work is good, I say thank you to the whole team</li> <li>➤ I want us to work on Directive 7 because we are like children's salt</li> <li>➤ The training was useful for us</li> <li>➤ The job is well done</li> <li>➤ We are satisfied with the training</li> <li>➤ Participatory training, complicity between trainers, which gave confidence to the participants</li> <li>➤ Mastery of the theme however the availability of documents must be ready before the training, there may be power cuts. If not overall it was great. You have ensured</li> <li>.</li> <li>➤ I will always apply ICDP training in my life</li> <li>➤ I thank the trainers</li> <li>➤ Overall, it has been good with the group, I hope the goal will be achieved</li> <li>➤ The training will allow us to perfect our knowledge and forge links with our different families.</li> <li>➤</li> <li>➤ I would like to say that during the three days of training I was very happy with my trainers who opened my mind.</li> <li>➤ I have received the information</li>   <li>➤ During our training we learned a lot of things we didn't know</li> </ul>					



- Overall, the atmosphere was good (we did not feel isolated, there was mutual aid, courtesy ...)
- We hope for better or even more at the next meetings
  
- I am personally very happy to participate in this training, because it has allowed me to be better equipped to better educate my children and also the children of the community.
- This training was very useful not only for myself but also for my daily activities in the community.
- Really thank you
  
- I think that this program will allow us as facilitators to help some families who are in precarious situations because of their children
- The training was important, so it taught me a lot. I will make an effort to apply the lessons learned.
- Training was very well understood through practices
- Thank you for this training
- you to the trainers and the team who set up this training
- This training session in all its articulations has its raison d'être especially for us social workers who are in contact all the time with users sometimes we forget ourselves and go beyond our framework of intervention.
- This session is welcome as it reminds us of the basis of any foundation: LOVE
  
- I congratulate the ICDP programme for the training and say thank you to the trainers. Thank you



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|  | <ul style="list-style-type: none"><li>➤ Very good training to share with as many people as possible. The more parents have this training, the more we will have more intelligent and respectful children and therefore a more peaceful society.</li></ul> |
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