

INPRHU Institute for Human Promotion

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ICDP REPORT 2022

Introduction

This report reflects the findings of the application of the ICDP Methodology in Nicaragua executed by INPRHU Ocotal, emphasizing the intervention in the families of the peripheral neighborhoods of Ocotal, facilitated by the educators of the Casa Entre Nosotras Project.



Main Activities:

- In 2022, 44 families made up of girls, boys, adolescents, adult women heads of household and parents have been served for a total of 143 people (women 118 and 25 men) from the different peripheral neighborhoods of the City of Ocotlal among them we have Carlos Manuel Jarquín, Teodoro López, Roberto Gómez, Hermano Zamora, Tunal, José Santos Duarte, September 26, Cristo del Rosario, Sandino, María Auxiliadora, Nicarao, Anexo Yelba María Antúnez in different psychosocial situations and violence and that have affected physical and psychological integrity.



- The process developed with the families has been carried out by developing four sessions, with the themes based on the methodology I am also a person, which is key to good care and good quality, empathy, the three dialogues, Emotional Dialogue, Dialogue of Understanding and Dialogue of Regulation that contributed to promote a healthy coexistence between the family.



- Families have appropriated the methodology, implementing significant changes in the styles of relationship with children seeing them as people and taking them into account within the family nucleus.

- The strengthening of the family union is perceived by learning through the ICDP methodology, putting into practice parenting with love, empathy, regulation and limits to their children in a positive way.

- Visiting homes allows us to get to know homes, interact with families, observe their



family dynamics and roles they play; In addition, identify risk factors, to strengthen protective factors in the family environment, thus reducing negative practices and unlearning violent parenting patterns, contributing to psychosocial well-being and

affective parenting.

- In the Radio program, four radio spaces were addressed on Radio Segovia 97.3 FM, developing what the IDCP Methodology and the four dialogues consist of, this station is listened to in the northern part of our country, faithful listeners from time to time send us messages referring that these issues are of great importance to families.



Challenges:

- Continue to reach more families with the ICDP methodology.
- Train school teachers to put the methodology into practice.
- Strengthen INPRHU staff with the ICDP Methodology.

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