



New groups trained in South Africa, 2022



The photo above is of the group from Rays of Hope, who completed their ICDP course on the 12th of May 2022.

The Ububele Educational and Psychotherapy Trust, based in Johannesburg - <https://ububele.org/about-us/> counts on a team of 13 ICDP facilitators, who have been active since 2021.

Founded in year 2000, Ububele has developed models of community-based mental health care to address the emotional trauma of South Africa's past, the ongoing mental and physical effects of the cycle of poverty and the daily challenges faced by individuals, families and communities. The Ububele integrated ICDP as one of their activities to strengthen child and family mental health in the township of Alexandra – a densely populated, impoverished community with a myriad of challenges.

By May 2022 five new groups of parents were receiving the ICDP course: two were run in Alexandra and three groups, with 16 parents in each group, were run through Ububele's partnership with the Field Band Foundation (FBF).

FBF is a South African national non-profit organization that has reached more than 40,000 youth since its inception in 1997. Modelled initially on the American-style marching band, the

FBF's performance style, choreography, rehearsal techniques, and uniforms draw on local traditions and practices resulting in a uniquely South African musical phenomenon.

The Field Band Foundation creates opportunities for the development and self-empowerment of young people through participation in music. The parents of the young FBF participants attended ICDP courses during 2022. Due to the positive reception of the ICDP programme, more groups are in planning for the rest of the year.



ICDP trainer at Ubulele, Nicky Dawson, reports:

“In early September 2022 a new group received their ICDP certificates (on photo above). This training was carried out by facilitators from Ubulele. The implementation of the ICDP programme is helping create positive changes and thus it is extending our support to families and contributing to Ubulele’s own efforts of improving the lives of families in Alexandra”.