

# **ICDP Trainer's Report from the Philippines**

## **January to October 2023**

### **Gread Zeny and Mary Jade Paitan**

#### **Highlights of the year's activity**

The year 2023 has been a great year for SCP – DSWD partnership. This year, the national scale up of the ICDP parenting program, which is the flagship intervention of the Child Sensitive Social Protection (CSSP) project for the Pantawid Program households of Region 8 has started.

The roadmap for the national scale up was formulated during the national scale up operational planning cum field visit conducted last January 30 – February 1, 2023. Part of the operational planning was a field visit by the national program management Office (NPMO) team to the CSSP project area where they attended a parenting session conducted by 4Ps parent leaders who were trained as ICDP facilitators. It was in that operational planning cum field visit that the ICDP national scale up modalities, budget, training schedules per cluster of regions, and specific 4Ps staff to be invited, were all decided.

First batch of the Facilitators Training (Training I) was conducted last August 1 – 4, 2023 held in Davao City. 26 (female – 19, male – 7) 4Ps Staffs from Regions IX, X, XI, XII, CARAGA and BARMM attended the Training. They were the Focal persons of Family Development Session (FDS), Training Specialists, Gender and Development and Institutional Partnership Division in their respective region. Training II for the same participants was conducted on September 5 – 8, 2023. Participants were happy about the content of the training as they saw it as effective and relevant for the 4Ps households – and they was it having a positive impact on the parents and their families.

Second batch of the training will be on November 7 – 10, 2023 (training I) and December 18 – 21, 2023 for training II.

#### **ICDP in Region VIII**

While the national scale up schedules and schemes were set, ICDP capacity strengthening of 4Ps staff in Region 8 (this region being the social laboratory for the ICDP) was also intensified. 226 Municipal Roving Bookkeepers (MRBs) and Social Welfare Assistants (SWAs) (female – 179; male – 47) of the 4Ps were trained as facilitators in May 2023, in addition to the 636 existing staff members. The objective is to implement the parenting program in their respective municipality in line with the 7-year Transformative Learning Path of the Kilos Unlad Framework. Six Social Worker Officers from Region VIII who were trained in 2021 were certified as ICDP Facilitators at the end of the facilitator level training.

On the other hand, 64 (female – 55, male – 9) parent leaders, community volunteers and NACPHIL members were also trained as ICDP parenting facilitators in Ormoc City Leyte.

Currently, they are facilitating the ICDP Parenting Program under Save the Children Philippines (SCP) covered areas in Region VIII. A total of 1,331 (female – 1,152; male – 179) participated the on-going parenting program.

Another partnership between SCP, Ormoc City Parents Teachers Associations (PTA) and the Department of Education – Ormoc division, has been forged. 20 PTA officers, school guidance counselors and teachers were trained as ICDP parenting facilitators funded by the Local School Board of Ormoc City last May 2023. The request for the parenting training was to address alarming issues on teenage pregnancy and mental health among children and youth students of Ormoc City.

## RESEARCH

In Samar, the expansion of the CSSP project was jumpstarted through a research study on nutrition and health of 0-5 years old children. 200 mothers of 0-5 years old children who are 4P members were selected to participate the nutrition research study. The study aims to build evidence and help mothers/parents on the nurturing care framework especially on the first 1000 days and infant and young child feeding practices of mothers, through the ICDP parenting program and a nutrition session. It is hoped that it will yield positive health and nutrition outcomes on children.

Baseline data collection was already completed and the endline data collection is on-going after the 200 mother participants graduated from the parenting program last April 2023. As part of the project implementing strategy, the 200 mothers were formed into FSGs (Family Support Group) as a sustainability structure/mechanism. 8 FSG's were formed from the nutrition study participants that added to the 135 existing FSG's in Leyte.

## Photo Documentation

### ICDP Parenting Facilitators Training in Region 8

4Ps DSWD staff doing the role play on comprehension dialogue



Operational planning (SCP and DSWD National Program Management Team)  
for the national scale of ICDP Parenting program for the 4Ps



## ICDP Facilitators' Training to Parent Leaders

Participants sharing insights and experiences from doing the home task after Day I of the training



## 4Ps Municipal Links doing role play on Comprehension Dialogue





## National Scale up of ICDP Implementation

### Facilitators' Training to 4Ps Staff – First Batch (Training I)

#### Activating our inner child



### Facilitators' Training to 4Ps Staff – First Batch (Training II)

#### Sharing of experiences and learnings from Self-practice II



## Mock Sessions

### Gender Transformative Parenting



### Show Love and Follow the Initiatives of the Child



## Comprehension Dialogue

