

ICDP workshop for facilitators, at the “Instituto De Promocion Humana” (INPRHU)

in Ocotal, Nicaragua, held on 6th and 7th November 2023.

Trainer: Monica Andersson Sponsored by SD USA

Participants: 17 people, consisting of INPRHU staff, teachers, and community leaders from the neighbourhood.

AGENDA OF THE WORKSHOP

Day One

- 9.00 - 10.00 Welcome and introduction
- 10.00 - 10.15 Coffee
- 10.15 - 10.45 "Review" of previous work
- 10.45 - 12.00 The key points of the ICDP programme
- 12.00 - 1.00 Lunch
- 1.00 - 1.30 ICDP and Neuroscience
- 1.30 - 3.00 Identifying the 3 dialogues and 8 guidelines on filmed material
- 3.00 - 4.00 Coffee and group work – application of ICDP with adolescents.
- 4.00 - 5.00 Conclusion of the day. “Chimpbomba” dynamic exercise

Day Two

* 9.00 - 9.30. Welcome, questions and reflections

- 9.30 - 9.45 Coffee
- 9.45 - 11.00 The awareness-raising and the implementation process
- 11.00 - 12.00 ICDP Programme - questions

- 12.00 - 1.00 Lunch
 - 1.00 - 2.45 ICDP Agenda Planning
 - 2.45 - 3.00 Coffee
 - 3.00 - 4.00 Dynamic work with a focus on the first workshop; Role plays, discussions, reflections
 - 4.00 - 5.00 Completion, assessment, diplomas
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Monica Andersson, the ICDP trainer: “This was a workshop full of joy, with good participation from the facilitators. The whole group of new facilitators attended the workshop and received their diplomas, having done their practical tasks prior the workshop. They showed their videos, shared their experiences, enjoyed analysing interactions and learning from each other in a warm and fruitful atmosphere.”

Evaluation of the workshop by participants

This is what I like/ I want to learn more about this:

- I liked realizing that we are all people who can shine.
- That by gaining knowledge we can transmit a lot of love.
- To meet Monica and to be able to strengthen my knowledge in the ICDP methodology.
- The work methodology during the two days was very enjoyable.
- The topic that we addressed throughout the meeting, as it served as a training for me, because we learned many things.
- I liked that we can share experiences, experiences with each other and relate to the methodology and study the contents. To take into account the good interaction between the adult and the child, see how this contributes to their development.
- Neuroscience is of interest and strengthens our understanding of the importance of ICDP.

- The dynamics in the way of participating and socializing with all the people with the ICDP method and the use of the ICDP guidelines as a way to reach the children and connect in a good way.
- Everything was very interesting because from each explanation we can get a lot to raise awareness among more families about these important issues.
- Experience of sharing and deepening my understanding of the ICDP programme's content.
- The guidelines of the programme and the way they were imparted in a dynamic participatory manner. Interaction with other colleagues.
- The sharing and analysing of adult-child interactions.
- The videos that were presented on the key topics. The presentation and explanation of each video.
- New connections and developing friendships as a network.
- That I was able to learn more. I liked everything because I have now better tools to do the work as facilitator.
- I was glad to have been able to share a little bit about my life and work in the group.
- I enjoyed all activity.
- I like the friendly way of the facilitator (Monica).
- Sharing of knowledge and learning in more depth from the facilitator (Monica).
- I liked everything, the learning process because it will make me grow as a person. I will Take advantage of everything I have learned and will share it.
- I enjoyed receiving feedback and have gained new tools to continue to improve my skills when training others in ICDP.
- The methodology applied during the workshop was very good and enjoyable. I liked the facilitator and the participation of each participant.
- I recognized just how important it is to show love.

- The recognition that in the world of children and adults it is possible to live in happiness. ICDP with the three dialogues and eight guides can make it possible
- The patience, empathy and experience of the facilitator, I liked the imparted knowledge, experiences and new skills I learned related to the ICDP methodology.
- I plan to use my knowledge to implement ICDP with its 3 dialogues in my family as well as in my work with families.
- I really liked the coexistence with everyone, the atmosphere was very pleasant, I liked the methodology was very active, reflective and participatory.
- It was great to learn and to deepen my understanding of ICDP
- I enjoyed the process of learning in this participatory way
- Excellent workshop, congratulations!! 😊

This I take with me from the workshop:

- More knowledge regarding the ICDP programme and project work.
- This is going to help me in my future work with family.
- I take the 3 dialogues with me, which served to encourage others to grow in their abilities. This is an important programme that can help to live life positively.
- Knowledge, new learning, socializing with the group.
- This is going to continue to help me help me to keep improving in my work and life.
- ICDP's applied methodology is the key for developing happy childhoods ...and for adulthood.
- The strategies, techniques, resources, 3 dialogues and 8 guides to deconstruct negative and build positive interactive relationships.
- Great empathy and experience I received, sound advice and good concepts to share in future.

- I'll take the positive atmosphere and behaviour we all shared and I take all the learning with me.
- This was an opportunity to learn more about the ICDP programme. It will help me to work and share teaching with our families and groups that we work with.
- New knowledge about the ICDP method. New ways of caring for and understanding children and more knowledge about neuroscience in child development. New strategies to put into practice.
- More knowledge about how to apply ICDP.
- Each participants' experience; Ideas that the others proposed to take up again with the groups.
- I take away the teamwork, the peaceful, and empathic way we all worked with each one.
- I take with me new knowledge of the ICDDP programme. This will help me in my work with children, by implementing the 3 ICDP dialogues in the classroom and also with my family.
- The knowledge of being able to interact more deeply by applying the ICDP processes. This will help me improve more personally and professionally. It will help me personally and in relation to the people I interact with on a daily basis.
- I have a good experience during this process. New things and good tools to work with. New aspects of interaction and knowledge that I shall use in my work with others.
- It will serve me well because now I can share the knowledge of what I learned.
- A great experience in understanding and learning about the subject and I take away a nice memory of our facilitator Monica.
- The methodology with new insights of the ICDP strategy. I liked the patience of the facilitator, the trust of the group. It will help me for my personal growth to implement it in my family and in my work - to be a better person.

- I take with me new aspects of the ICDP methodology, with a lot of warmth we shared in interaction with participants. The joy of the facilitator and the love with which she works.
- This is going to help me and help those I work with: mothers, fathers, children, adolescents, and young people. The opportunity to grow in love, to practice values, to live together in peace and harmony.

This I leave behind:

- Bad experiences and heartbreak for not integrating into projects, knowing that they are important.
- All that is negative that could affect my development as a person.
- This is what I want. The knowledge, the love, the affinity, the sharing with each of the participants of the ICDP. Leave behind all negativity.
- Leave all the negatives behind.
- Leave the bad life experiences behind. Take forward a lot of knowledge shared and acquired through a good exchange of people, sociable and friendly.
- My negative attitudes. Instead, I can apply this methodology in my home.
- I leave the tiredness, the negative feelings.
- I leave the ideas that were incomplete, doubts and everything that does not contribute to a good interaction.
- I leave behind bad memories and doubts, because now I do understand some things I didn't know before.
- Negativity.
- The shame of talking.
- I leave the negative aspects and feel more positive.





